

MTsc Rules, Policies, Procedures & Programs

Effective Spring 2012



Metro Tulsa Soccer Clubs
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Introduction to This White Book

The Metro Tulsa Soccer Clubs' (MTsc) White Book provides information on MTsc youth soccer programs, policies, procedures and announcements across the various programs offered by MTsc including the (a) Recreational, (b) TOPS, (c) PDP, (d) Competitive, (e) Summer Camps and (f) the Challenger Series tournaments.

This White Book is updated in print no more than annually. Due to MTsc's continuous improvement approach, modifications and updates to the programs, policies, procedures and announcements are to be expected to occur and be effective prior to the next print of the White Book. In all cases, MTsc's website information takes precedence over the printed White Book. Seasonally, pertinent changes made that did not make it to print, will be provided at the Coach's Orientation.

Welcome to Metro Tulsa Soccer Clubs

Where Kids Come First



Welcome to Metro Tulsa Soccer Clubs – Where Kids Come First! MTsc is the Ultimate Soccer Experience where we strive to offer you the best soccer culture and experience for youth athletes in Oklahoma. MTsc has developed a variety of vertically aligned comprehensive soccer programs for any level of soccer player. Here is a brief overview of our programs.

Recreational/Friendship Soccer

MTsc Recreational Soccer is a series of distinctive programs, including a U4-U19 Recreational League, TOPS, and TEENv3.

Recreational League soccer is awesome for the youth player (age 3 to 18) who just wants to play soccer and have a blast. Players are either placed on teams randomly or you can form your own “Friendship Team”. Teams practice, play games, learn, and have lots of fun together.

TOPS soccer is a brilliant program developed exclusively for our special needs youth who want to enjoy the thrills of playing soccer. TOPS players get to live the full soccer experience, including skills training, games, scoring, uniforms, trophies – everything!

TEENv3 is a program designed just for your teenager (age 13-18) who wants a different soccer experience. It’s a cross-age, cross-gender, 3v3 league designed just for teenagers.

All recreational soccer programs rely on parent/volunteer coaches for training and games and can take advantage of MTsc’s groundbreaking Friendship Teams, allowing friends to play with friends.

Player Development Program

If your athlete is 6-11 years old and wants additional skills development, check out MTsc’s Player Development Program (PDP). PDP is a weekly skills training program administered

by professional trainers. PDP is offered during the Recreational League season. While PDP is designed it to supplement the Recreational League, you need not be registered in the Recreational League to register in the PDP (and vice versa). However, if you join the Recreational League *and* PDP, you'll receive a discount on your registration.

Academy/Juniors Soccer

MTsc fully participates in local academy leagues through TSC Hurricane Juniors Program. TSC Hurricane Juniors is administered by paid professional coaches and is designed to develop the "more serious" youth soccer player. These players participate in weekly training sessions, team formation, and area league games.

Competitive Soccer

MTsc also participates in local competitive leagues through TSC Hurricane. TSC Hurricane is a top-rung, state-champion competitive organization that provides excellent coaching and player development. Competitive players must successfully pass try outs and once selected will participate in weekly training sessions and area competitive league games, up to and including national level competition.

Challenger Tournaments

The MTsc Challenger Series is a pair of annual tournaments directed at recreational and academy teams. The spring tournament is typically at the end of the spring season and coincides with MTsc's annual Fun Day, a huge, end-of-season celebration at the MTsc soccerplex. The fall tournament has been held on Thanksgiving weekend, but may be moved to an earlier time. Both of these tournaments are open to any group of players (USYS, US Club, or unregistered) players from in-state or out-of-state.

Other Programs and Services that MTsc Provides:

- Free professionally-instructed, player clinics every season
- Referee development program with licensing cost reimbursement available
- Free U4-U10 age-specific Coach Certification Program for state licensing
- Free coach clinics as part of Coach Education Program
- Flexible team formation for all skill levels, athletic abilities, and levels of experience:
 - Friendship Teams are allowed for closed (MTsc only) or open (GCSA/OSA) leagues so you may form teams of school, church and/or neighborhood friends
 - Random Draw Teams are supported for U4-U19 teams
- Micro League for 3 to 5-year olds, who are just getting acquainted with soccer
- Professionally-instructed Summer Camp Program
- Convenient online registration system

- Club-wide uniform program is both convenient and economical
- Fun Day is a huge, end-of-Spring-season, fun-filled, celebration and recognitions ceremony rolled into a big on-field party for kids – all kids of all ages!
- Superior sports complex located at 105th & Delaware.
- Championship competitive soccer program (TSC Hurricane) for U11 to U19 boys and girls with multiple teams per age
- Ability to advance at your own pace, with multiple levels of intensity and competitiveness at each age level
- Other events like golf tournaments, fundraising dinners, and bowling parties

MTsc is much more than just a single soccer league – We are a group of progressive clubs in a very big family that share a One Game – One Vision philosophy!

Welcome to Where Kids Come First!

MTsc clubs are not for profit, volunteer-based organizations. MTsc is also the home of the state champion TSC Hurricane competitive program.

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HAVE A GREAT SEASON!

SECTION I

CULTURE

Vision & Mission

Vision

To provide a learning environment with a variety of alternatives for all youth ages to play soccer

To provide an environment where (a) families can experience soccer and cherish time together, (b) athletes can develop soccer skills and compete in a positive and fun environment regardless of skill level

To provide focus on enhanced individual achievement and instill self-confidence regardless of a player's skill level

To provide a place where athletes can learn life lessons and develop positive character traits like good sportsmanship, fair play, teamwork, working hard, persistence, honor of the game, and respect for self, officials, coaches, and opponents.

Mission

The Metro Tulsa Soccer Clubs are to be a place where players, referees and volunteers are respected by member parents. It is to be where the Competitive Program is integral to the development of our Youth Recreational Program athletes, and in turn where our recreational athletes look up to our competitive participants. It is, in a nutshell, "Where Kids Come First".

Where Kids Come First

Where Kids Come First means that all decisions by the Club, the Club's boards, and all other Club representatives are to be made in a manner to benefit the collective whole (or significant majority) of the kids. This is true whether the decisions are related to rules, programs or processes. Thus, decisions that benefit few at the expense of many, then the decision is NOT in the best interest of the collective membership and is not in accordance with the guiding principle of *Where Kids Come First*.

Exceptions to this guiding principle may be pursued by appealing to the MTsc Executive Board, not through any single MTsc board member, volunteer, or employee.

Appeals Process

Rev. I (December '09)

Pursuant to Article VIII of the MTsc By-Laws, the Operations Board shall hear written appeals by any Member of any decision made by any MTsc administrator or Committee related to team formation, coach selection and game day related event with the exception of events falling under the No Fault Adult (Spectator, Parent or Coach) Fighting Policy. An appeal related to an incident or matter may only be requested one (1) time regardless if it was withdrawn, the original decision upheld or the appeal denied as ineligible and can only be requested by the directly affected Member.

- (1) The MTsc Operations Board, serving as the MTsc Appeals Committee, shall hear:
 - (a.) An appeal of a decision rendered by any other MTsc Committee or administrator.
 - (b.) An appeal or protest if a lower body refuses to render a decision on the matter within the time frame specified or waives its rights in the matter.
- (2) The procedure for a Member filing an appeal is as follows:
 - (a.) The appellant shall submit a written appeal and a fee of \$50.00 (in cash, money order or certified check payable to MTsc) to the MTsc office. If the appeal is upheld in its entirety, the fee shall be returned.
 - (b.) An appeal with the fee must be received by the MTsc Office manager or postmarked within fourteen (14) calendar days of the previous decision causing the appeal.
 - (c.) The MTsc Appeals Committee decision shall be made within fourteen (14) to forty (40) business days from receipt of the written appeal and fee, based upon a hearing to which the appellant ONLY shall be invited and/or written reports submitted by the parties involved.
 - (d.) Appeals will be scheduled no less than seven (7) calendar days in advance for a Sunday evening of non-holiday weekend or during an evening that falls on a Monday through Thursday.
 1. **For a SUNDAY evening scheduled appeal;** the Appeals Committee will attempt to schedule a mutually acceptable Sunday for the appeal no more than two times with the appellant at which time the appellant can either (1) agree to such second date, (2) waive their right to be present or (3) withdraw their appeal in writing and deliver it to the MTsc through its Office Manager by email (mtsc@metrotulasoccer.com) within forty-eight (48) hours of the second date in which case the fee shall be returned otherwise not

showing up will result in the original decision being upheld and the appeal fee not being returned to the appellant.

2. **For a Week Day evening scheduled appeal;** the Appeals Committee will attempt to schedule a mutually acceptable week night date for the appeal no more than two times with the appellant provided each such date falls within two different calendar weeks at which time the appellant can either (1) agree to such second date, (2) waive their right to be present or (3) withdraw their appeal in writing and deliver it to the MTsc through its Office Manager by email (mtsc@metrotulasoccer.com) within forty-eight (48) hours of the second date in which case the fee shall be returned otherwise not showing up will result in the original decision being upheld and the appeal fee not being returned to the appellant.

(e.) A verbal decision may be given at the conclusion of the hearing and shall be followed by written confirmation within seven (7) business days.

- (3) All decisions of the MTsc Appeals Committee may be reversed by the MTsc Executive Board at its sole discretion otherwise all decisions by the Appeals Committee are final.
- (4) The appellant may request the MTsc Executive Board review the decision by the MTsc Appeals Committee which will be considered by the MTsc Executive Board in its sole discretion. If the request is supported and the MTsc Executive Board reverses the decision of the Appeals Committee then and only then shall the appellant be notified by MTsc. There are no timeframe requirements for such action by the MTsc Executive Board.

Disciplinary Hearing Procedures

Rev. II (December '04)

- (1) All parties are entitled to a hearing with proper notification.
- (2) Once a complaint has been properly filed, the Chairman of the Games and Disciplinary Committee shall notify all involved parties within five days of receipt of the complaint. Notice shall include the nature of the complaint and the time, place, and date of the hearing.
- (3) The conduct of the hearing shall be as determined by the ruled of the JSC, except where noted herein.
- (4) Any party subject to disciplinary procedures shall have the right to:
 - a. Present witnesses on their behalf,
 - b. Be accompanied by one individual of their choice to assist in their defense. However, legal counsel shall not be permitted during disciplinary hearings.
 - c. Cross-examine any witnesses against them.
- (5) Exception to Rule 4(c) may be allowed in the event the witness is a minor child and participation in the hearing is deemed harmful to the welfare of the child by the Games and Disciplinary Committee.
- (6) A written record shall be kept and submitted to the Executive Board at the next regularly scheduled meeting.
- (7) A written notification of the decision shall be sent to all involved parties within seven days of the hearing. This notice shall be sent by certified mail.
- (8) All hearings shall be scheduled to be held within 30 days of the receipt of the complaint.

SECTION

II

RECREATIONAL TEAM MAKE-UP & CHANGES

Team Formation Guidelines

Team Formation Committee

The Team Formation Committee (Committee) is established to define the team formation guidelines used by Metro Tulsa Soccer Club to form teams. The Committee's decisions are final with regard how teams are formed. An appeal to a team assignment is made to this committee.

This committee is comprised of the Registrar and four or more persons chosen by the Metro Tulsa Soccer Club board. Membership on this committee is open to anyone who is a member of the Metro Tulsa Soccer Club. All information reviewed by this Committee will be considered confidential. In addition, in an effort to ensure fair and impartial placement of players, Committee members will excuse themselves from the review or placement of players within the age, league, and/or gender group(s) where their child and/or team is associated.

The Metro Tulsa Soccer Club team formation process will be conducted in compliance with the rules and regulations of the Green Country Soccer Association (GCSA), Oklahoma Soccer Association (OSA) and United States Youth Soccer Association (USYSA) and/or US Club Soccer.

League Categories (Age Brackets)

An age bracket is a pure age group for which a soccer league is played. For example, U4, U5, U6, U7, U8, U9, U10, U12, U14, U16 and U19 are all "age brackets". Age Brackets may change over time.

All leagues will be filled using "pure age" criteria when possible, which are based on the players' birth month and year in relation to age brackets established by the sanctioning organization(s).

Under 4 (U4)

U4 Boys and U4 Girls are for players who are under 4 years of age by the stated deadline

Under 5 (U5)

U5 Boys and U5 Girls are for players who are under 5 years of age by the stated deadline

Under 6 (U6)

U6 Boys and U6 Girls are for players who are under 6 years of age by the stated deadline

Under 8 (U7 and U8)

U7 Boys and U7 Girls are for players who are under 7 years of age by the stated deadline

U8 Boys and U8 Girls are for players who are under 8 years of age by the stated deadline

Under 10 (U9 and U10)

U9 Boys and U9 Girls are for players who are under 9 years of age by the stated deadline

U10 Boys and U10 Girls are for players who are under 10 years of age by the stated deadline

U11 and U12 may be combined into a single league.

Under 12 (U11 and U12)

U12 Boys and U12 Girls are for players who are under 12 years of age by the stated deadline

Typically, U11 and U12 are combined into a single league.

Under 14 (U13 and U14 are combined)

U14 Boys and U14 Girls are for players who are under 14 years of age by the stated deadline

U13 and U14 are combined into a single league.

Under 16 (U15 and U16 are combined)

U16 Boys and U16 Girls are for players who are under 16 years of age by the stated deadline

U15 and U16 are combined into a single league.

Under 19 (U17, U18, and U19 are combined)

U19 Boys and U19 Girls are for players who are under 19 years of age by the stated deadline

U17, U18, and U19 are combined into a single league.

Team Formation

At MTsc, teams may be formed several different ways, including: Tryouts, Random Draw Teams (RDTs), Friendship Teams (FTs), and Daisy-Chain Teams. However, application of these different team formation methods is restricted.

Tryouts

At MTsc, only TSC Hurricane Competitive teams are formed via Tryouts. No recreational team may be formed by any form of tryout or based on any assessment of a player's skills. Any team found to have formed via tryouts will be banned from participation in the Recreational League at MTsc and, if possible, disbanded.

Random Draw Teams

Random Draw Teams (RDT) are those teams formed by randomly assigned players. In the RDT formation process, players are placed into a "pool" and distributed among a specified number of teams with an attempt to create equity among them. This process happens *after* the Friendship Team form submission deadlines. Once all FTs are formed and FT players are removed from the "pool", then RDT formation begins.

The Random Draw method used to fill team vacancies and form new teams is done in an effort to form teams consisting of:

- a. As equal as possible number of players on each team within an age division
- b. As equal as possible level of experience of players on each team
- c. Special attention will be given to disperse players from any dominant team or dilute such team experience per GCSA guidelines

Within the random draw method, MTsc allows teams that are returning to the same age bracket to stay together (See Note below), provided that the players were on this team in the immediately preceding season and meet all of the registration requirements of any other player (e.g., payment, timely registration, etc.). For example, teams from the Fall returning to play in the next Spring may stay together. Also, odd-aged teams (e.g., U5, U7, U9, etc.) in the spring returning in the fall may stay together, including U4 players moving into U5. The "stay together" option is upheld within the Random Draw process via the indications on each player's registration. If one of these players wishes to return or not to return to one of these teams, s/he may designate as much on his/her registration. Players moving from an even-aged bracket to an odd-aged bracket (e.g., U6 to U7, U8 to U9, etc.) are NOT given the "stay together" option, with the exception of U4 players moving into U5.

NOTE: Placing of Returning Players to the same team as the previous season for RDT's is at the discretion of MTsc and can only be considered for players who are registered prior to the "Initial Roster Deadline".

Also, within the Random Draw process, special requests for a child to play on a particular team, and/or with a specific coach or player **will not** be granted (except as noted in Daisy Chain Teams for U14, U16, and U19 divisions). This includes "stacking" efforts and requests for carpooling, practice night and/or location, and "buddy" requests. The only exceptions are:

- a. A coach shall have his/her child placed on his/her own team.
- b. A coach may choose an assistant coach; one per year (fall/spring) and their child may play on that team.
- c. Siblings in the same age division may be placed on the same team. The younger sibling may be placed on the older sibling's team but an older sibling cannot play down. For example, a 9-year-old may play with the 10-year-olds, but a 10-year old may not play with the 9-year olds.
- d. Hardship cases will be considered but must be written and submitted to the Club Registrar & Age Coordinator for approval (see Appeals section).

Adding Players to Random Draw Teams

1. The Registrar shall add players (collaborating with the Age Coordinator) to an established Random Draw team formed according to the above guidelines, as follows:
 - a. The team with the least numbers of players in an age bracket shall be given top priority.
 - b. In the event teams have an equal number of players, experience levels will be considered, in an effort to build equitably matched teams.
 - c. In the event a returning team has a greater experience level than other teams due to the nature of it returning, in an effort to create equivalent experience MTsc may dilute the experience level by adding additional lesser-experienced players.
2. Coaches do not have the right to refuse an added player. Players will be added to existing teams up to the number of players per team set by the registration committee.
3. When teams in an age bracket are full, a "waiting list" shall be established for that age bracket.
4. The size of each team will be based on the then current guidelines and MTsc procedures within those guidelines.
5. It is the desire of the Team Formation Committee to work quickly, in concert with these guidelines, and within a system of checks and balances within the Committee and MTsc. Although formal declaration by the Registrar of each placement made is considered laborious and unnecessary, all efforts will be made to keep Committee members apprised of special situations and considerations.

Friendship Teams

Friendship Teams (FTs) allow friends to play together on the same team in a Recreational League (at MTsc or in an area Rec or Rec-Plus League through GCSA). The logistics of supporting FTs, can be complex. Therefore, parent support, patience and assistance are needed.

How to Make a Friendship Team

The following steps should be followed to form a Friendship Team.

2. One parent volunteers to be the “Team Parent” to manage the completion of the FT form. This does **not** have to be the coach.
3. Team Parent downloads the Friendship Team Form from the MTsc website and fills out the “Issuing Team Parent” box on the form.
4. Team Parent routes the form to the other parents.
5. Each parent adds his/her child to the roster and signs the form, thus the team roster may be easily controlled by the parents and not the coach.
6. The team may, if desired, request a coach and/or assistant coach by completing the appropriate boxes on the form. This request is neither required nor assured. MTsc reserves the right to accept or reject any coach at any time.
7. Each FT form must have at least the minimum team size to be submitted. The minimum team size varies by age group:

Age Group	Minimum Team Size	Maximum Team Size
U4, U5 and U6	5	6
U7 and U8	6	8
U9 and U10	8	10
U11 and U12	11	14

8. The FT form must be submitted to the MTsc office prior to the deadlines published on the website calendar each season. There are three deadlines associated with Friendship Teams, as follows:
 - a. **Unrestricted Deadline** – Before this date, an FT form may be submitted regardless of the registration status of the players. After this date, only unregistered players may be added to a FT.
 - b. **Restricted Deadline** – After this date, no new Friendship Teams will be accepted.

- c. **Additions Deadline** – After this date, no new players may be added to Friendship Teams.

Therefore, prior to the Unrestricted Deadline, an FT form may include players that have already registered. Between the Unrestricted and Restricted Deadlines, a new FT form may be submitted, but only if all of the players have not yet registered or been placed on another team (e.g., via another FT form, random draw process, etc.). Once players are assigned to teams, they may not be removed. Therefore, it is imperative that **all** additions to an existing FT be submitted to the MTsc office (via email) **before** the added player registers.

9. All players on the FT form must completely register as a Recreational Player (complete the online registration process, pay the appropriate fees, submit a valid birth certificate, etc.)

10. MTsc reserves the right to move a returning FT to a higher age bracket if the FT proves to have an overwhelming competitive advantage.

Playing Up

Any single player may play up by one age bracket if the players parent or guardian has submitted a signed Play-Up Waiver form (available from the office) in advance of the Initial Roster deadline to the club office. Any player registering after the Initial Roster Deadline that wishes to play-up one age bracket must have the Play-Up Waiver form submitted to the club office by close of business on the date of the registration or the next business day if they registered after close of business on the date of their registration. Deadlines are posted on the calendar on the MTsc website.

An entire Friendship Team may play up one or two age brackets if all of the parents so desire and signify such by signing on the Friendship Team form AND if all parents or guardians have submitted a signed waiver (available from the office) in advance of the deadline to the club office. MTsc expects parents to keep the players' best interests in mind when making this selection.

No player may play down for any reason.

Adding Players to a Friendship Team

Players may be added to an existing Friendship Team up until the Additions Deadline (see above). To add a player, you must do these steps:

1. The Team Parent must have the new player's parent add the player to and sign a copy of the original FT form and turn it in to MTsc office
2. **Before** the player being added registers online, the Team Parent or Coach **must** send an email to mtsc@metrotulasoccer.com providing notification of the addition, including team name, team age group, and new players name.

3. The player should register online (after completing step 2 above), pay associated fees, and submit a copy of his/her birth certificate (as required) to the MTsc office.
4. The updated FT form, notifying email, and player registration must be received before the Additions Deadline posted on the MTsc website.

Leaguig Friendship Teams

MTsc reserves the right to schedule pure age groups together, as needed. For example, U9 and U10 teams may be combined into one schedule, if needed. MTsc also reserves the right to schedule Friendship Teams against Random Draw Teams in any combination to achieve an optimal level of fun for all parties in the league.

Daisy-Chain Teams

Players in the U14, U16, or U19 divisions may request to be placed with up to two players of their choice. MTsc may elect to honor these requests at MTsc discretion. This is typically done for teams that are being registered at GCSA rather than US Club, but not exclusively.

Guidelines for Waiting List

1. Players who provide the required pre-payment will be placed on the Waiting List on a first-come, first-served basis and will be placed on teams in that same order relative to their specific age division. Players or parents must contact the registrar to be placed on the list.
2. Numerical order of waiting list is confidential and restricted to the registrar and this committee.
3. After the first game of the season, players may be added according to the GCSA minimum rule, as well as the MTsc add-on guidelines above.
4. The player must play on the team he/she is placed on. If he/she chooses not to play for that team, he/she is removed from the waiting list.
5. Potential players not placed from the Waiting List will receive a full refund.

Guidelines for Dropping Players

1. Any player wishing to withdraw from soccer must submit that request in writing to Metro Tulsa Soccer Club via email (MTsc@MetroTulsaSoccer.com) or delivered to the soccer office at 10715 S. Delaware Ave.; Tulsa, OK 74137. Information relayed through the coach concerning the dropping of players cannot be accepted. The parent or guardian must contact MTsc.

2. Players may be dropped by MTsc due to lack of attendance at team practices or provided MTsc has requested a response to formal communication and such response is not provided. No refunds shall be provided in this case.
3. Those players who withdraw their registration before the registration deadline published by MTsc will receive a refund.

Guidelines for Late Roster Additions

Players may be added to a roster of any open league recreational team at any time after the commencement of a season provided:

1. The Registrar and the applicable Age Coordinator both agree to such an added player and
2. The team affected by the add has less than the minimum number of players required to field a team (for that age bracket) plus three (3) substitution players

The registration fees will be standard published MTsc fees if the player to be added to the roster registers and pays for such registration prior to the third game of the season. Thereafter, the then applicable published registration fee will be reduced by \$20.

Appeals

Special circumstances may result in a request for modification of certain policies within these guidelines. Those requests must be made in writing and submitted to MTsc per the appeals procedure as soon as possible. The registrar can be reached through Metro Tulsa Soccer Club at 298-0198 or MTsc@MetroTulsaSoccer.com.

MTsc Head & Assistant Coach Selection/Approval Criteria

April 2009 (Rev. IV)

METRO TULSA Soccer Club (MTsc) designated representative(s) shall use the following criteria as a guideline each season for the final selection of new MTsc recreational youth soccer coaches and of those coaches desiring to return as an MTsc recreational youth soccer coach. MTsc's designated representative(s) is the sole decision maker in the selection of coaches. MTsc's current designee for each age division is the Age Coordinator or its Operational Committee. The following guidelines apply to both head coaches and assistant coaches. There is no automatic right for anyone to return as an MTsc coach regardless of whether his or her respective team has or is going to be returning for the following season. The MTsc Executive Committee reserves the right to overturn any selection of a coach in the event that such coach does not meet the qualifications. MTsc reserves the right to modify these guidelines at any time in the future.

New Coach (Head & Assistant) Requirements/Preferences

- Obtained an MTsc or an OSA Module I and/or Module II certification or license,
- Preferably (not required), a parent or guardian of a member player,
- Committed to holding and attending weekly team practices,
- Have not publicly or formally provided offensive, abrasive or non-constructive opinions to MTsc players, coaches, referees, board members or volunteers,
- Have not circumvented or attempted to circumvent the rules to benefit the few, and
- All coaches, assistant coaches, and club volunteers are required to complete, at least once in a 12-month time period, a background check or volunteer disclosure statement in a format selected by MTsc, and/or, if applicable, US Club, GCSA or OSA.

Returning Coach (Head & Assistant) Requirements/Preferences

- New Coach Requirements/Preferences above, plus
- Have not had any previous disciplinary actions,
- Attended the previous MTsc Coach Orientation (applicable if any were held during the last 12 consecutive months),
- Attended the previous MTsc Coaching Clinic (applicable if any were held during the last 12 consecutive months) unless officially licensed by an alternative governing soccer body,
- Has a significant majority of their previous team's players returning on the same team (if applicable) or if not applicable returning to play soccer this season,
- Have had positive ratings from referees (if applicable) and parents (if applicable) relative to coaching at MTsc, and
- Have adopted and implemented the rules established by the METRO TULSA Soccer Club.

All MTsc administrators, coaches, assistant coaches, and other volunteers are required to complete, at least once in a 12-month time period, a background check or volunteer disclosure statement in a format selected by MTsc, and/or, if applicable, US Club, GCSA or OSA.

BRIGHT LINE AUTOMATIC DISMISSAL/DISAPPROVAL OF ANY ADMINISTRATOR, COACH, ASSISTANT COACH OR VOLUNTEER AT MTsc

- **CRIME OF VIOLENCE** ----- Deny Approval / Participation
- **CRIME AGAINST A PERSON** ----- Deny Approval / Participation
- **SEXUAL OFFENDERS** ----- Deny Approval / Participation

- **FELONY CONVICTIONS** ----- Deny Approval / Participation
- **FALSIFICATION OF INFORMATION** ----- Deny Approval / Participation
- **FAILURE TO DISCLOSE INFORMATION** -- Deny Approval / Participation
- **DOMESTIC VIOLENCE** ----- Deny Approval / Participation
- **DRUG / NARCOTICS VIOLATION** ----- Deny Approval / Participation

[if 1 conviction w/in 10 yr. history]

- **DRIVING UNDER THE INFLUENCE** ----- Deny Approval / Participation

[if 3 convictions/no time limit]

- **DISORDERLY CONDUCT** ----- Deny Approval / Participation

[if 2 convictions w/in 5 yr. history]

- **PUBLIC INTOXICATION** ----- Deny Approval / Participation

[if 3 convictions w/in 5 yr. history]

OTHER VIOLATIONS OR OFFENSES DEEMED NECESSARY BY THE RISK MANAGEMENT COMMITTEE, OPERATIONS COMMITTEE, OR EXECUTIVE COMMITTEE

Effective dates for past history based on August 1st of current seasonal year.

Appeal Process Available to Requesting Returning Coaches

For any “requesting returning” head or assistant coach that is not approved to return back after such coach had timely notified MTsc as to their desire to return as a MTsc coach upon MTsc’s request, then such coach shall be entitled to request an appeal to the MTsc Operations Committee provided such coach meets the following qualifications:

1. Fifty percent or more of such coach’s previous soccer season team’s rostered players are registered with MTsc to return on the same team (meaning none of the players that make up the 50%+ have not requested to change teams), and such 50% or more players are each still within the same age bracket as the previous soccer season thus allowing the collective team to return as a team.
2. The request to coach was in writing to the applicable Age Coordinator AND the MTsc Office Manager (mtsc@metrotulasoccer.com) at least two weeks prior to the Mandatory Coaches Meeting for the season unless such team is a Friendship Team or a Random Draw Team formed after such date).

If such qualifications are met, then such requesting returning coach is entitled to an appeal to the MTsc Operations Committee. The appealing coach shall be allowed at a minimum 15 minutes to persuade the Committee to vote in their favor to reinstate them as coach of their prospective team for the current season. Operations Committee member vote will be by private ballot, counted by the MTsc President and the ruling read at the appeal. A majority vote shall decide reinstatement, otherwise the denial stands.

The process for appeal is as follows. Only the appealing coach can be present at the appeal (both indoors and outside). If any support comes with the appealing coach, the MTsc reserves the right to disallow the appeal and the denial position of the MTsc designated representative(s) stands as a final ruling. The appeal process is a discussion between the appealing coach and Operations Committee members so that independent Committee members can decide an appropriate voting position based on first hand information from the coach. Each returning coach is allowed one appeal based on the criteria above and the appeal ruling is considered to be final.

Assistant Coach Policy

April 2009 (Rev. IV)

GENERALLY APPLICABLE RULES for Assistant Coaches

- MTsc will officially recognize only one (1) assistant coach per team and all applicable MTsc rules relative to coaches shall apply to such official assistant coach.
- All assistant coach selections shall be subject this MTsc Coach Selection Policy
- A head coach may choose an assistant coach once per year (a year defined as any fall through spring consecutive seasons) and when section 2a below is true, such assistant coach's child may play on that team subject to section 2b below.
- The rules herein apply to the recreational/Friendship and TOPS leagues only

SELECTION (subject to the above)

For **New** Teams to be formed:

Subject to MTsc approval and the above Coach Selection Criteria,

1. The head coach may select any individual to be an assistant coach and if approved the child of the head coach and assistant coach, if applicable, shall be on the same team (assuming applicable age relative to such team formation).
2. Selection and request for approval of the assistant coach shall be done in writing from the head coach and submitted to MTsc through their appropriate Age Coordinator AND the MTsc Office Manager (mtsc@metrotulasoccer.com).

For **Existing** Teams already formed:

Subject to MTsc approval and the above Coach Selection Criteria,

- (1) If the assistant coach does not have a child desiring to be placed on the team, the head coach may select any individual to be an assistant coach.
- (2) If the assistant coach does have a child where such child desires to be placed on the team, the following shall apply:
 - (a) If the child of the previous assistant coach is no longer on the team, the head coach may select any individual to be an assistant coach and if approved the child of such assistant coach shall be placed on the same team (assuming applicable age relative to such team formation).
 - (b) If the child of the previous assistant coach continues to be on the team, and the child of the newly selected assistant coach causes or adds to a higher number of the total seasonal playing experience of the collective players on such team as compared to the average of the seasonal experience of 80% of the competing teams in the same age bracket consisting of teams starting with the lowest to the highest collective seasonal experience, then such child shall not be placed on such team in order to avoid a potential resulting stacked/power team.

- (c) Selection and request for approval of the assistant coach and placement of the assistant coach's child on the team shall be done in writing from the head coach and submitted to MTsc through their appropriate Age Coordinator AND the MTsc Office Manager (mtsc@metrotulasoccer.com).

SECTION

III

COACH RESPONSIBILITIES

Coaches – Duties and Responsibilities

Each coach is responsible for all of the following duties and responsibilities. Failure to uphold these duties and responsibilities shall result in disciplinary action by the appropriate Games Committee

General

1. Coach must be familiar with all applicable Bylaws, Codes of Ethics, and Standing Resolutions
2. Coach must ensure that MTsc and other (e.g., GCSA, OSA, US Club) Rules of Competition and Codes of Conduct are complied with by all players and spectators
3. Coach must meet and comply with all requirements established in the Coach Selection Criteria
4. Every coach, must ensure that the fields and goals are safe for their players – ***every time they step on the field.***
5. Coach must assure that his team is properly registered prior to any/all scheduled games

Practices, Scrimmages, Training Sessions

6. All activities shall be considered team activities, if three-fourths or more of a team's players are participating under the coach's supervision
7. Coach shall conduct weekly sessions for training and conditioning
8. U4-U14 coaches shall limit recreational team activities to three (3) during any calendar week, (Saturday to Friday), including scheduled games.
9. Coach shall limit recreational team each team activity to 90-minutes
10. Coach will possess a copy of all player registration forms at all sessions

Games

11. Coach will correctly manage players playing time at each game
12. Coach shall maintain approved player passes, as needed (U12–U19)
13. Coach shall provide an Official Roster / Game Form at each game
14. Coach shall sign both copies of the Official Team Roster / Game Form at the conclusion of each game
15. Winning Coach (or home team coach, in case of a tie) shall:
 - a. Collect both Official Roster / Game Forms following each game and submit one copy to the League Commissioner within 72 hours, or

- b. In the case of game termination or ejection, referee will notify the League Commissioner and submit an Official Roster / Game Form and a Misconduct Report to the Games and Disciplinary Committee
- 16. Should the game referee fail to appear, the Home Coach shall select a referee suitable to both coaches
- 17. Should linesmen fail to appear, each coach shall provide one linesman, as requested by the referee

Open League

- 18. Home Coach – Ensures that the visiting coach is notified of any cancellations, reschedules or postponements and seeks mutual agreement for rescheduling.
- 19. Home Coach – Notifies the League Commissioner of the rescheduled game time and place

COACHES – CODE OF ETHICS

(Adopted by the NSCAA Ethics Committee, May 24, 1999)

1. Soccer is the players' game. The paramount concern of coaches is the holistic development, welfare, enjoyment and safety of their players;
2. Coaches bear responsibility for teaching their players to strive for success while playing fairly, observing the laws of the game and the highest levels of sportsmanship;
3. Coaches shall treat officials with respect and dignity, and shall teach their players to do the same;
4. Our opponents are worthy of being treated with respect. Coaches will model such respect for opponents and expect their players to do likewise;
5. In both victory and defeat, the behavior of a coach shall model grace, dignity, and composure;
6. Coaches shall adhere to the highest standards and the regulations of the institutions they represent: clubs, schools, sponsoring organizations, and sports governing bodies;
7. Coaches have a responsibility to promote the interests of soccer, including treating media with courtesy, honesty, and respect;
8. Coaches shall model inclusive behavior, actively supporting cultural diversity while opposing all types of discrimination, including, but not limited to, racism and sexism, at all levels of soccer;
9. Coaches are responsible for taking an active role in education about, and prevention and treatment of drug, alcohol and tobacco abuse, both in their own lives and in the lives of their players;
10. Coaches shall refrain from all manner of personal abuse and harassment of others, whether verbal, physical, emotional or sexual, and shall oppose such abuse and harassment at all levels of soccer;
11. Coaches shall respect the declared affiliations of all players, and shall adhere to all guidelines and regulations on recruiting established by the governing bodies having oversight of their teams and leagues;
12. Coaches shall seek to honor those who uphold the highest standards and principles of soccer and shall use appropriate protocol to oppose and eliminate all behaviors that bring disrepute to the sport – violence, abuse, dishonesty, disrespect, and violations of the laws of the game and rules governing competition.”

Two Strikes Policy relative to Referee Abuse

Nov. 2009

MTsc has a policy of zero tolerance for referee abuse.

Everyone should recognize that most referees are youth players. Our referee program provides our youth an opportunity to shadow and learn from more experienced referees and be mentored by those senior referees. It is a great opportunity to mature, learn responsibility and develop a better understanding of the game of soccer.

All referees have the ability to remove a coach, parent or player from a game and the facility. However, we recognize that due to the age and maturity of some of our youth referees they could be intimidated by overbearing, boisterous and/or loud adults and may lack the confidence to control the situation. In an effort to assist with that, MTsc uses its referee assignors to provide support during on-the-field issues that come to their attention.

MTsc referee assignors have the ability to issue a formal warning which is "**Strike One**" to any coach of record (assistant or head) or parent that they have determined at the moment of the issue to have abused a referee. If upon issuing the formal warning, the matter escalates, they can issue the second and final warning which is "**Strike Two**". For a coach, if this happens the coach will be suspended from coaching at the MTsc SoccerPlex for the remainder of the current season including the balance of the game currently being played and additionally risks not being invited/accepted back in future seasons as a coach at MTsc. For a sideline parent, Strike Two means they are immediately banned from attending games at the SoccerPlex for the remainder of the season including the balance of the game currently being played. Any coach or parent who receives Strike Two can appeal their case to the MTsc Operations Board pursuant to the then posted Appeals Process which can be found on www.MetroTulsaSoccer.com.

Further, the Two Strikes Policy carries forward for the entire season. Strike One can occur during one game day and Strike Two during a subsequent game day. In such case, if Strike Two occurs during the same season as Strike One, the above note consequences are effective.

No Fault Adult (Spectator, Parent or Coach) Fighting Policy

Dec. 2009

In the event of a physical altercation (meaning ANY physical contact whatsoever) between adults, it is MTsc's policy that all adults involved will be automatically banned from the remainder of the current game and the next game that your team plays at the MTsc SoccerPlex. It is also MTsc's policy that it will not attempt to determine cause or blame for the physical altercation. It is MTsc's view that under all situations and circumstances adults must refrain from physical altercations at the MTsc SoccerPlex. The one game banning and balance of the current game is NOT appealable and is automatic and the decision final. Additionally, MTsc will conduct inquiries into the situation to determine if the severity of the situation dictates the need for additional consequences and or/action.

In the event that a banned party is found to be at the SoccerPlex during the remaining or subsequent game day for which the ban applies, their child's team will automatically forfeit their game, the game will either not be played or will be stopped short from continuing if it was in process and such game will not be made up. If the situation is escalated by the banned party, appropriate authorities will be called to handle the situation.

Coach Card Policy

Rev. IV (December '04)

Once accepted by MTsc to be a coaching member, all coaches and assistant coaches must obtain from MTsc a Coach Card which is required to be worn visibly at all times when coaching at the SoccerPlex.

If a coach and/or assistant coach does not have their Coach Card visible when coaching at the SoccerPlex, then such coach and/or assistant coach must refrain from coaching their team and stay within the designated spectator area (away from the playing teams if playing on fields with designated team boxes) as applicable.

Coach Cards shall contain the coach's name and effective period, shall be signed by the coach and laminated by MTsc prior to issuing for use.

Substitute Coach

In the unlikely event, provided that both the coach and assistant coach on record with MTsc can not be present for their scheduled game, then the coaches must notify by email their Age Coordinator and copy the MTsc Office Manager. After such notification, the coaches of such team may arrange for a substitute coach, which must be a current coach or assistant coach on record with an MTsc recreational team that holds a valid Coach Card. Temporary Coach Cards will not be issued or allowed.

Card Issuance & Replacements

MTsc shall provide at no cost, (1) new Coach Cards each fall, (2) validation of existing Coach Cards for returning coaches each spring, and (3) Coach Cards for new coaches as defined by an individual not on MTsc's coaching list for the prior season. Lost Coach Cards shall be replaced by MTsc after coach verification at a cost of \$1.00.

Subject to availability, at no cost, MTsc shall provide (1) a replacement lanyard for each returning coach requiring one and (2) a lanyard for each new coach as defined by an individual not on MTsc's coaching list for the prior season. Subject to availability, lost lanyards shall be replaced by MTsc at a cost of \$1.00.

Team Kick-Off Meeting

Rev. II (December '04)

MTsc encourages ALL coaches to hold a team meeting with the team's parents at the first team practice to review the following items (at a minimum):

1. Provide a summary of personal background, beliefs, etc.
2. Provide a summary of soccer background, credentials & experience if any
3. Explain your expectations from players and parents for practices and games
 - a. Have each sign the Code of Conduct per White Book
 - b. Have each read the SoccerPlex Rules per White Book
4. Review Practice and Game Requirements per White Book
5. Provide a summary of your coaching philosophy
6. Establish a "Team Parent" and inform them of the duties of that role
7. Establish an Assistant Coach, if you don't already have one
8. Review responsibilities of Team Parent (such as team communications and reminders, party organization and Club administration assistance)
9. Review responsibilities of Assistant Coach (such as attending MTsc Coach Orientation and Coach Certification)
10. Review the following Club information with parents:
 - a. Mandatory Referee Rep Requirements per White Book (as applicable)
 - b. Player Pass Policy per White Book (applicable to U12 and up)
 - c. Coach Evaluation per White Book available on web
 - d. Fundraising material as provided at the Coach Orientation
 - e. Uniform Policy and Procedures per White Book
 - f. Soccer Summer Camp Info per White Book
 - g. Important Club dates per www.MetroTulsaSoccer.com
 - i. Free Player Clinics
 - ii. Referee Licensing Clinic which relates to Mandatory Ref Rep
 - iii. Coach Certification Clinic
 - iv. Player Pass Completion Day
 - v. First Game Day
 - vi. Picture Day
11. Provide ALL team members with a copy of the teams roster with contact information and parent's names
12. Remind parents to look at www.MetroTulsaSoccer.com weekly for calendar events and a variety of information. All information in the White Book is on the web site.
13. Provide parents with any other copies of information from the White Book deemed appropriate

Practice / Game Requirements for Players & Coaches

REV. III (December '04)

Player Requirements

1. Players must bring a water bottle to all practices and games
2. Players must wear shin pads must be worn and fully covered by a soccer sock to all practices and games
3. Players should bring a practice ball to all practices, unless instructed otherwise by the coach
 - a. U4-U8 – Size 3 soccer ball
 - b. U9-U13 – Size 4 soccer ball
 - c. U14+ – Size 5 soccer ball
4. Players should wear soccer (not baseball or football) cleats or sneakers to all practices and games
 - a. No Toe Cleats will be allowed at any time
5. Players can not wear any jewelry during any games
 - a. This should be upheld at all practices as well

Coach Requirements

1. Coach should have a first aid kit at all practices and games
2. Coaches must visibly wear a valid MTsc coach's card at all games
3. Coaches must bring an approved roster at all games
4. Coaches should bring a game ball to each game:
 - b. U4-U8 – Size 3 soccer ball
 - c. U9-U13 – Size 4 soccer ball
 - d. U14+ – Size 5 soccer ball
5. Coaches (U15+) must have approved player passes at all games
6. Coaches (U11+) must have approved player passes at all tournament games
7. Coaches should bring practice target tops or equivalent to all games for his team to wear over their game jerseys in the event the opposing team has the same color jerseys

Pre-Game Responsibilities

Rev. III (December '04)

Field Preparation

Every coach must ensure that the fields and goals are safe for their players – ***every time they step on the field.*** Do not assume that the teams playing prior to your games checked the security of the goals. Your player's safety depends on your vigilance.

Coach should arrive at the fields with adequate time to perform the following tasks prior to the start the game:

1. Ensure the placement of the field's goals are in the proper location
2. Ensure the goals are anchored down either using available sand bags or such other mechanism as utilized by MTsc
3. Ensure the field is free of debris and any other objects that may cause a safety issue/concern
4. Take the necessary action prior to the start of the game to ensure items 1-3 are met.

Coaches, please notify your Age Coordinator every time you must take action to ensure compliance with the items above so that MTsc can address them permanently.

Check-In

Coaches are required to have their complete teams assembled at the game field fifteen (15) minutes prior to their scheduled game time and ready to be checked in by the referee upon request. Scheduled game times mean the time at which the game is to begin, not the time check-in occurs. Check-in occurs prior to the scheduled game time.

Team Naming Process

Rev. II (December '04)

- The team's coach will be allowed to select his team's name provided the name is not already taken by another team in same age bracket, up to a deadline where thereafter, a name will be assigned by MTsc
- Team names will be used to distinguish teams on the MTsc provided schedule



TEAM REPRESENTATIVE FORM

Rev IV (January 2011)



This information is to help insure accurate information for MTsc records and to relieve the coach from responsibilities that belong to the parents.

MTSC REQUIRES ALL OF THESE REPRESENTATIVES!

TEAM NAME: _____

DATE: _____

HEAD COACH: _____

PHONE # (s): _____

E-MAIL ADDRESS: _____

ASSISTANT COACH (*Only 1 is Recognized by MTsc*): _____

PHONE # (s): _____

E-MAIL ADDRESS: _____

TEAM PARENT (Mom or Dad): _____

PHONE # (s): _____

E-MAIL ADDRESS: _____

NOTE: Field Safety rep is required and would donate only 2 hrs. for the season to check/prepare fields for safety.

FIELD SAFETY REPRESENTATIVE: _____

PHONE # (s): _____

E-MAIL ADDRESS: _____

MUST BE FULLY COMPLETED & TURNED IN TO RECEIVE GAME SCHEDULE !!!

Player Pass Policy

Rev. VI (December '04)

Pursuant to the requirements of OSA and GCSA, player passes are required for recreational age divisions U15 and higher (U11-U14 if attending a tournament) and ALL competitive age divisions. In the event a player fails to have their GCSA approved player pass present on game day to provide to the referee during check-in or at most tournament registrations and play, the player will NOT be allowed to play.

Player Pass Completion (Coach & Parent Responsibility). It is the sole responsibility of the team, its parents and coach(es) to print & complete pursuant to OSA and GCSA requirements, and submit the player passes as a team pursuant to MTsc specific deadlines and policies. Further the Club takes no responsibility for unapproved player passes by GCSA or OSA regardless if the result is missed games by a player, no refund will be available and the responsible to properly complete the player pass will remain with the team, parent and coaches.”

The following is required by OSA in order to obtain GCSA approval of a player pass:

1. Players must sign their player pass in **CURSIVE** (printing results in rejection of pass)
2. Must be signed in cursive on the **PROPER LINE** of the player pass (wrong line results in rejection of pass)
3. The player’s signature name must match the pre-printed name on the pass which is the **BIRTH CERTIFICATE NAME**, not necessarily their common name (wrong name signed results in rejection of pass)
4. A **1”X1” COLOR FACIAL “FULL” HEAD PHOTO** must be **ATTACHED** with glue/paste in the appropriate location of the player pass
5. The use of previously utilized photos results in rejection of pass
6. Player passes with the use of white out on them results in rejection of pass

Note: MTsc is not responsible for any lost player pass pictures not properly attached when submitted and all consequences shall be at the player’s expense.

Please refer to the GCSA poster illustrating the requirements above in order to ensure the player pass is completely correctly to avoid rejection and delay in the player’s ability to play during game day. The illustrative poster provided by GCSA can be found on the wall of the MTsc office.

GCSA Player Pass Approval. The MTsc registrar and limited GCSA pre-approved MTsc administrators identified by the Club are the ONLY individuals who can facilitate obtaining GCSA approval of player passes as well as their drop-off and pickup. Player passes shall be submitted to GCSA by MTsc for approval as a TEAM. Once MTsc receives properly

and fully completed (pursuant to the above) players passes for AT LEAST THE MINIMUM number of players required to field a team, MTsc will submit the player passes at its earliest convenience to GCSA for approval. ALL remaining team player passes submitted to MTsc will be submitted to GCSA as a bundle at MTsc's convenience once all remaining rostered players have properly completed their passes.

MTsc reserves the right to establish deadlines for player passes and this policy may change from time to time without notice due to GCSA changing requirements.

Continual Coach Education / Certification Program

Rev III (June '11)

Reason for the MTsc Continual Coach Education Program.

Resulting from an assessment of past growth and decline trends in our player base combined with a review of past incidents involving coaches, parents, players and referees alike, the MTsc Board came to the clear conclusion that Coaches are the most influential persons in our organization. Coaches determine the kind of experience our athletes have with sports and whether our athletes will return to our Club for the next season. The actions by our team's parents along the sidelines and our players on the field is a reflection of our coaches and our Club. Because of such conclusion, we have decided to put significant focus on improving the education and hence quality of our coaches to benefit everyone attending game days at the fields and to support the fact that MTsc is "***Where Kids Come First***".

MTsc Philosophy Relative to Coaches & Coaching. MTsc is committed to the principles of positive coaching. We expect our coaches to want to win, but MTsc must be where winning means helping players learn life lessons and positive character traits from their MTsc soccer experience. Such life lessons and positive character traits include good sportsmanship, fair play, importance of the team, to never give up, to always do your best, to honor the game, respect your opponents and to have fun. We expect our coaches to:

- (1) Use encouragement and positive reinforcement as the primary method of coaching,
- (2) Strive to achieve a 3:1 magic ratio of 3 positive reinforcements to each correction/criticism
- (3) Build fun activities into their practices, so players want to go to practice and enjoy soccer,
- (4) To criticize if necessary in private maintaining respect of every player,
- (5) Recognize the game is the best teacher for our players and is feedback to how effective their coaching is,
- (6) Allow game day to be for the kids and practice to be for the coaches, and
- (7) To use a winners' circle after each game to reinforce the positive things players did including something relative to each player.

Basis of the MTsc Continual Coach Education Program. The central objective of our Continual Coach Education Program is the embracing of the licensing requirements of the Oklahoma Soccer Association. All of the other soccer clubs in Oklahoma are working to meet this requirement, which has been in effect since August 2002. METRO TULSA Soccer Club is being proactive in creating an in-house training program, which will qualify to meet the requirements of OSA and ultimately our goal is to exceed the OSA requirements. As a result, we hope this program will be equally, if not more, valuable for our coaches, and certainly less expensive.

Our goal is not to run coaches away by requiring too much. Our goal is to make the OSA requirements more convenient, and get as many coaches as possible licensed to coach their particular age group for the benefit of our kids. With that in mind, we support and highly encourage attending the very worthwhile OSA clinics such as the Youth Modules, and the E & D license clinics developed by OSA, respective of the age brackets that you are coaching.

MTsc IN-HOUSE COACHES TRAINING EVENTS – CERTIFICATION PROGRAM MAKE-UP

The MTsc Continual Coach Education will ultimately consist of five major components. Please see the Calendar of Events at www.MetroTulsaSoccer.com for schedule information.

Spring & Fall MTsc Coaches Orientation to be scheduled prior to each soccer season and will focus on various MTsc processes and the rules of the game that all coaches need to be aware of. All coaches are ***REQUIRED*** to attend this Orientation in both Spring and Fall regardless if licensed or certified. Attendance at this Orientation is crucial to having a successful season.

Spring MTsc Coaches Training Clinic to be scheduled one Saturday approximately two weeks prior to the start of the season. The Clinic is to be structured per the MTSC coaches' workbook approved by the MTsc Board. The Clinic will be taught at least one representative from MTsc, such as the Director of Continual Coach Education. While all MTsc coaches are welcome to attend this event, the curriculum will be primarily structured for U4 through U10 coaches. Coaches for older players are encouraged to attend an Oklahoma Soccer Association licensing clinic, such as the Youth Module III or "E" course. Attendance by U4 through U10 coaches at this clinic is ***REQUIRED*** unless proof of license related to previous attendance to an applicable OSA clinic or out-of-state licensing program is provided to the Director of Continual Coach Education, or if attended the Fall MTsc coaching clinic. Attendance by U11 and above coaches is optional.

Fall MTsc Coaches Training Clinic to be scheduled one Saturday approximately two weeks prior to the start of the season. The Clinic is to be structured by MTsc coaches' workbook approved by the MTsc Board. The Clinic will be taught by at least one representative from MTsc, such as the Director of Continual Coach Education. While all MTsc coaches are welcome to attend this event, the curriculum will be primarily structured for U4 through U10 coaches. Coaches for older players are encouraged to attend an Oklahoma Soccer Association licensing clinic, such as the Youth Module III or "E" course. Attendance by U4 through U10 coaches at this clinic is ***REQUIRED*** unless proof of license related to previous attendance to an applicable OSA clinic or out-of-state licensing program is provided to the Director of Continual Coach Education, or if attended the Spring MTsc coaching clinic. Attendance by U11 and above coaches is optional.

MTsc Video Training – MTsc provides an instructional video as part of our continual coach education program. The video is designed to provide continuing education for coaches on a variety of topics associated with U4-U12. Viewing the video prior to the commencement of each season is **HIGHLY ENCOURAGED** regardless if licensed or certified.

Important Aspects Regarding the MTsc In-House Training Program/Certification

- ✓ MTsc has received approval from Oklahoma Soccer Association on February 12, 2003, qualifying the MTsc In-House Training Program as a valid certification program as an alternative to meeting OSA licensing requirements for age brackets U6 through U10.
- ✓ The MTsc Certification Program does not apply to U11 and above; U11 and above must receive licenses from OSA.
- ✓ A MTsc Certification is designed to be a less costly (\$5.00 or less for administration and copying fees) and more convenient alternative to meet OSA and MTsc license requirements. A MTsc Certification allows a coach to coach at MTsc only as if they were licensed. If such coach moves to a different soccer club, the MTsc Certification is not effective.
- ✓ Shortly after meeting the requirements of the MTsc Certification program, MTsc will issue a certificate to coaching satisfying such requirements, which will be recognized by MTsc and OSA.
- ✓ The MTsc Certification is good for a period of one (1) year from the date of completion of the Fall or Spring attended Coach Clinic provided the Orientation and Video requirements have been satisfied or waived by MTsc.
- ✓ MTsc has set the goal of having at least one representative at the spring and fall in-house coaching clinics with a national Y, C, B or A license.
- ✓ The Director of Continual Coach Education will maintain a database of all MTsc coaches, including contact information, OSA license level and/or attendance at MTsc in-house Continual Coaching Education Events.
- ✓ The Director of Continual Coach Education will report annually to OSA on MTsc coaches with OSA licenses and/or MTsc certifications.

MTSC UNIFORM POLICY

Rev. VI (June '11)

The MTsc uniform program is designed to provide a Full Uniform Kit for every MTsc player. It is mandatory and applicable to all MTsc soccer players, as outlined below:

New Player – A “New Player” is anyone registering for the upcoming season who did not register for the immediately previous season with MTsc. All “New Players” must purchase and wear a new Full Uniform Kit.

Returning Players – A “Returning Player” is anyone registering for the upcoming season who registered for the immediately previous season with MTsc. Some “Returning Players” will be required to purchase and wear a new Full Uniform Kit, as follows:

Moving Up – Each fall, most players move up to a new age bracket. Some players moving up require a new uniform. Others do not.

A “Returning Player” that is moving up **from** an **even** age bracket (i.e., U4, U6, U8, U10, U12, U14, or U16) **to** a different age bracket (i.e., U4 to U5, U6 to U7, U8 to U9, U10 to U12, U12 to U14, U14 to U16, or U16 to U19) must purchase and wear a new Full Uniform Kit,

A “Returning Player” that is moving up **to** an **even** age bracket (i.e., U6, U8, U10, U12, U14, or U16) **from** a different age bracket (i.e., U5 to U6, U7 to U8, or U9 to U10) does not need to purchase a new Full Uniform Kit.

Changing Teams – Players frequently change teams.

Any “Returning Player” that is changing teams and is also changing age brackets, is governed by the **Moving Up** section above.

A “Returning Player” that is changing teams but is not changing age brackets, does not need to purchase a new Full Uniform Kit, unless the team that the player is joining has already established a different uniform as the team’s uniform, per codified exceptions below.

All MTsc players and teams must wear the designated MTsc uniform of the age bracket in which the team is competing. The only **exceptions** to this rule are as follows:

Playing-Up Individuals – A player that is Playing-Up is any player electing to play up from his/her age-based bracket to a higher age bracket. See team formation rules. Any player Playing-Up must purchase and wear the uniform of the age bracket to which they are Playing-Up to.

Playing-Up Teams – A Friendship Team may elect to play up (via the Friendship Team Form). This election must be clearly written across the top of the Friendship Team form. Any Friendship Team that elects to play up will wear the designated MTsc uniform for their original age-based bracket (the younger bracket's uniform).

For all Friendship Teams that are playing up, MTsc assumes that the team elects to purchase and wear the designated uniform of the original (age-based) age bracket.

TSC Academy Friendship Teams – Any Friendship Team consisting completely of fully-registered TSC Academy players may elect to wear their TSC Academy uniform instead of the MTsc uniform. To elect this option both of the following must be completed:

1. The election to wear the TSC Academy uniform must be clearly written on the Friendship Team form as follows:

“TSC Academy Team using TSC Academy Uniforms”

2. All players on the Friendship Team must be registered in **both** the TSC Academy and the MTsc Recreational programs as reflected in MTsc's Online Registration database for Recreational and Academy for the upcoming season. Proof of dual registration must be available to MTsc 4 weeks prior to the first recreational game weekend for the upcoming season and will be reviewed by MTsc either online or by directly reviewing official player passes.

Further, if one or more players on a TSC Academy Friendship Team is not registered online or has any outstanding balance owed to MTsc, no uniforms will be ordered and the team will not be included in league scheduling.

Uniform Payment, Ordering, and Pickup

Payment – All uniform payments must be made directly to MTsc and accompanied by the players' first and last name (and payer's phone number if payment is by check).

Payment Timing – Uniform payment is required at the time of registration.

Sizing – During registration, each player orders a uniform. If required, any subsequent sizing changes must be done at Mac's Soccer Shack with a Mac's representative and any size changes conducted at Mac's will override any sizes entered during (or after) registration in the MTsc Online Registration system. All sizing forms used by Mac's will be handled and maintained by Mac's.

Sample uniforms are available at the Soccer Office.

Cost of Size Changes – After MTsc releases a player's uniform order to Mac's, additional costs caused by size changes will be at the parents' expense.

MTsc Order Timing – MTsc initiates all uniform orders with Mac's Soccer Shack. The initial and largest uniform order occurs about 2 to 3 weeks prior to the first game of each season. For all subsequent uniform orders, MTsc requires a minimum of 5 days to place an order once payment is received. Uniforms are ready for pickup a minimum of ten (10) business days after the order is released to Mac's by MTsc.

Uniform Pick-up – All uniforms must be picked up at Mac's Soccer Shack by the team's coach or the coach's (singular) team designee. The coach will be notified by MTsc and/or Mac's Soccer Shack when the uniform order is ready for pick-up. Along with the uniform order, Mac's will provide a list of team member's names and corresponding uniform sizes to assist with uniform distribution.

Uniform Styles and Colors – Uniform styles and colors are selected by MTsc and may change periodically due to cost, quality, availability, and/or manufacturer issues.

Cost

The cost of a Full Uniform Kit is \$35 (subject to change) and consists of:

- Two official MTsc jerseys (or one reversible jersey)
- One pair of shorts
- One pair of socks

The costs (subject to change) of uniform replacement garments (available to any player) are:

- \$21.00 for two official MTsc jerseys (or one reversible jersey)

- \$10.00 for one pair of shorts
- \$4.00 for one pair of socks

Uniform Provider

MTsc's club wide uniform program defines Mac's Soccer Shack as the sole uniform supplier of the MTsc Recreational and TOPS soccer programs.

Mac's Soccer Shack

Located off 169 & 61st St.
In the All Star Sports Complex
10309 E. 61st St.
Phone: 250-4843



Coach/Team Boxes & Designated Spectator Area Policy

Rev. IV (December '09)

Per Board Approval – This Policy is Suspended Until Further Notice Effective Beginning for Spring '10 Season.

In Replacement of the Policy until further notice, each opponent shall occupy one side of the game field during a match. The home team shall occupy the north or east side of the game field depending on its orientation and the away team shall occupy the south or west side of the game field depending on its orientation.

Applicable to U8-U19 Teams

Related to Team Boxes for Players and Coaches

1. A Team Box will be provided on the team's touchline
2. ONLY one (1) MTsc head coach and one (1) assistant coach will be permitted to sit with the team in the team box
3. All coaches MUST wear a valid Coach's Card at all times
4. All non-fielded players (and the non-refereeing coach) MUST remain in the team box on the team touchline (opposite from the spectators side)
5. No spectator is allowed in the team box and should remain ONLY on the spectator touchline (opposite the team touchline)
6. (Non-refereeing) coaches are encouraged to leave the team box to attend to injured players or to address misconduct by spectators
7. Injured players are allowed to join parents for an appropriate period of time, as necessary
8. (U8 Only) Players and (non-refereeing) coaches must remain on their half of the team touchline throughout the duration of the game; NO entering the opposing team's box
9. (U9-U12 Only) Players must remain on their half of the team touchline throughout the duration of the game; NO entering the opposing team's box
10. (U9-U12 Only) One coach (either head or assistant; not both) may cross the to the opposing team's designated team box along the touch line to convey tactical instructions to his/her players and then immediately return to his designated area after giving instructions.
 - o NOTE: Coaches entering the opposing team's team box must behave responsibly and respectfully to the opposing team and exit their area as quickly as possible: NO prolonged periods allowed.

SECTION

IV

GAME SCHEDULING & RESCHEDULING

Recreational, Friendship and TOPS Team Game Reschedule, Cancellation & No-Show Policies

Rev. VII (October '11)

In order to accommodate the growth MTsc is continuously experiencing and the limited use of the SoccerPlex, strict adherence to the following game cancellation and reschedule policy shall apply relative to its Recreational, Friendship and TOPS programs.

MTsc Determined Weather Related Game Cancellation, Delay and Temporary Stoppage Policy

The following is MTsc's practice for weather related game delays, temporary stoppage and cancellations. The following weather related events are causes for this Policy to apply:

1. Severe rain has occurred through the evening before or is occurring during a game day leaving significant standing water on the fields and in MTsc's judgment, playing on the fields could severely jeopardize the sod cover.
2. The fields are generally covered with residual snow and in MTsc's judgment, playing on the fields could severely jeopardize the sod cover.
3. There is visible lightning or approaching lightning is detected or severe wind warnings received.

In most cases, if games are cancelled, they will be done incrementally throughout the day unless notified otherwise. All teams must come to the fields ready to play unless their specific game time has been cancelled. All games canceled by MTsc in this event may be rescheduled per the Reschedule Game Policy above.

MTSC FIELD BUMPING POLICY

MTsc reserves the right to "BUMP" teams from their game times and fields due to field conditions resulting from poor weather conditions in order to accommodate the following priorities:

1. Open league games shall take priority over closed league games in order to accommodate out of town teams.
2. Refereed games shall take priority over non-refereed games in order to accommodate available referee services.

GAME NO SHOW POLICY

Teams who do NOT show up ready to play at their scheduled times for reasons other than because their game was cancelled or was rescheduled, will be considered a NO SHOW. NO SHOW teams will automatically forfeit their scheduled game and those games will not be allowed to be rescheduled and the applicable referee fees for the center and two linesmen shall be due MTsc (as it is MTsc's policy to pay all scheduled referees for games even in the event of a No-Show). Additionally, each NO SHOW shall be subject to pay a No Show Fee to MTsc in the amount equal to the dollars that would be required to supply a center referee and two line referees for their game per MTsc's then effective Referee Pay Schedule.

COMMUNICATION OF WEATHER RELATED GAME CANCELLATIONS

All coaches should plan on playing their scheduled games under all weather conditions unless their game time has been cancelled by MTsc communicated by:

1. PRIMARILY by listing on www.MetroTulsaSoccer.com,
2. TWITTER notice (Secondary Notice)
3. Announced on the MTsc phone recording system at 918-493-4222, **OR**
4. Received an email from the MTsc Office Manager or other official MTsc representative (such representative to be identified each season).

If any one (1) of the above note a cancellation then such cancellation shall apply and it should be recognized due to the logistics involved and the volunteer nature of such administration, there should be expected cases where not all of the above will be consistent.

ELECTIVE GAME RESCHEDULING POLICY

Elective rescheduling by a Recreational, Friendship or TOPS team is **ONLY** allowed to the extent such entire team has a conflict resulting from participation in either (a) a US Club or GCSA sanctioned tournament, or the vast majority of such team has a conflict resulting from participation in (b) SAT, PSAT or ACT testing, (c) Jenks Wild or (d) Olympic Development Program (ODP), each known as a "Conflicting Event". The request for such rescheduling will be subject to the following:

- ✓ Both the game related cancellation and reschedule requests must be made in writing to their Age Coordinator with a copy to the office (mtsc@metrotulasoccer.com).
- ✓ A valid cancellation request regardless of situation is one where the request is received by no less than ten (10) days prior to the scheduled game date being

requested to cancel and must be accompanied by proof of the team's (or majority as applicable) participation in the Conflicting Event (as limited above).

- ✓ A valid corresponding reschedule request regardless of situation is one where the date for the rescheduled game is greater than ten (10) days from the "Request Date" (meaning the date in which the request is made from when both opponents and MTsc have all mutually agreed on the rescheduled date and time as well as when field and referee availability is confirmed). Other words, if a request is made and then five days were taken to settle on a mutually agreed to date, time, referee and field availability, the (10) days starts from the day of such mutual agreement and its corresponding confirmed reschedule request.
- ✓ The reschedule date and time is subject to field and referee availability as determined by MTsc; see below for general day restrictions.
- ✓ Both coaches must consent to the rescheduled game date and time, and such consent must be communicated via email to their Age Coordinator and MTsc office.

FIELD AVAILABILITY FOR RESCHEDULING

The SoccerPlex is under a lease between the Field Management Committee (FMC) parties and the City of Tulsa. The FMC is a ten (10) year joint cost sharing and complex sharing arrangement between MTsc and NEOASA (the adult soccer league). The exclusive rights of use of the SoccerPlex are divided between the parties as follows:

- MTsc Exclusive Use: Saturdays, Mondays and Tuesdays ONLY
- NEOASA Exclusive Use: Sundays, Wednesdays and Thursdays

Fee Payment Policy

All amounts required to be paid to MTsc pursuant to these policies must be received by MTsc by the earlier of the Wednesday prior to the team's next scheduled game at MTsc or within four (4) days after the event causing such payment. All payments can be dropped off in the MTsc lock box 24 hours per day and should be:

- (1) By check,
- (2) Provided in an envelope ,
- (3) Identifying the team name,
- (4) Identifying the related game date, time, opponent and field #,
- (5) Identifying the name of the team's appropriate representative with associated contact information, and

- (6) A listing breaking down the fees applying to the situation being paid in order to ensure proper accounting.

All amounts **MUST** be received by MTsc prior to the team's next game in order to avoid cancellation of their next scheduled league game.

Team Bad Standing Policy

Non-payment of the fees and penalties applicable per the above will result in the team being held in Bad Standing at MTsc and MTsc reserves the right to take appropriate action against the team. Such action includes MTsc will not assign referees to the team's home games until amounts above and owed are paid and as a result of such action and as a courtesy to visiting teams, MTsc will incrementally cancel each future home game until such amounts are paid.

Game Spring / Fall Break Scheduling Policy

Rev II (December '04)

MTsc defines spring break and fall break based on the Jenks Independent School District (JISD) calendar as to when the spring and fall breaks occur.

Spring Break Scheduling – closed league games will be scheduled on the second weekend of spring break and all games will be subject to the MTsc policies related to No-Shows and Reschedules.

Spring Break Scheduling – open league games are subject to GCSA scheduling and have typically occurred on both weekends of spring break. All games will be subject to the MTsc policies related to No-Shows and Reschedules.

Fall Break Scheduling – no closed league games will be scheduled by MTsc to be played on the Saturday of Jenks Public Schools Fall Break. Further, open league games scheduled by 3rd parties such as GCSA and OSA will be played at the MTsc SoccerPlex unless per request MTsc supports the adult leagues (NEOASA) Soctoberfest Tournament provided the tournament falls on Jenks School district Fall Break Weekend in which case open league games will have been scheduled for alternate days. Open League away games will be played if any are scheduled by GCSA or OSA.

SECTION

V

AGE SPECIFIC

RULES

Game Rules

Rev II (June. '11)

MTsc adheres to the small-sided rules published by United States Youth Soccer (USYS). Those rules are modifications to the FIFA Laws of the Game recommended by USYS.

The objectives of this section of the white book are merely to provide some of the highlights of those USYS rules and to clarify those rules that are commonly misunderstood or vary from age to age. This section is NOT intended to provide a complete list of rules for soccer at MTsc. No conflicts between the MTsc rules and the USYS rules is intended, however should conflicts occur, this white book supersedes the USYS rules.

To see the complete USYS rules, please visit www.usyouthsoccer.org. On the “Coaches” tab, select “Small-Sided Games”. On the Coaches page, select the link to “Official Rules”. Small-sided rules are different for different age groups (e.g., U6, U8, U10, and U12). Odd age brackets are included in the even age brackets (U4 and U5 are covered by U6 rules, U7 by U8, etc.)

Under 4, 5 & 6 (3v3) Rules Highlights

Field Size: 20 to 30 yards long by 15 to 25 yards wide with a 4-yard radius centerline. No goal area; no penalty area.

Goal Size: Approx. 5 ft wide and 3 ft tall.

Ball: Size 3

Players: 3 per team

Goalkeeper: None

Coaches shall not play a defender camped out in front of their goal. If a player has a natural tendency to do so, it is the coach’s responsibility to discourage this behavior and get the player more involved in the game.

Mandatory Equipment: Jersey, Shorts, Stockings, Footwear, Shin guards covered entirely by stockings that provide a reasonable degree of protection

Home/Away Jersey: Home – Light ; Visitor – Dark

Duration:	Matches shall be divided into 4 equal, 8 minute quarters, with a 2-minute break between the 1 st and 2 nd quarters and between the 3 rd and 4 th quarters and a 5-minute break at halftime.
Playing Time:	Each player SHALL play a minimum of 50% of the total playing time
Score:	No score is kept. No standings are kept.
Substitutions:	At any stoppage and unlimited
Free Kicks:	All free kicks are direct and the opponent must be 4 yards from the spot of the kick.
Penalty Kicks:	None.
Goal Kicks:	Yes. Ball placed on the end line. Opponents must be at least 4 yards from the spot where the goal kick is being taken.
Throw Ins:	Yes. When the ball crosses the touch line, the possessing team throws in the ball (per FIFA rules), and does not perform a "kick in".
Offside:	None
Referee:	None.
Cards/Warnings:	No yellow or red cards. No send off. If a player is too rambunctious, the coach should make a substitution to allow the child to calm down before returning to play.

Under 7 & 8 (4v4) Rules Highlights

Field Size:	25 to 35 yards long by 20 to 30 yards wide with a 4-yard radius centerline. Goal area is approximately 3 yards in from each end line. No penalty area.
Goal Size:	Approx. 6 to 10 feet wide and 4 to 6 feet tall.
Ball:	Size 3

Players: 4 per team

Goalkeeper: None

Coaches shall not play a defender camped out in front of their goal. If a player has a natural tendency to do so, it is the coach's responsibility to discourage this behavior and get the player more involved in the game.

Mandatory Equipment: Jersey, Shorts, Stockings, Footwear, Shin guards covered entirely by stockings that provide a reasonable degree of protection

Home/Away Jersey: Home – Light ; Visitor – Dark

Duration: U7 Matches shall be divided into 4 equal, 10 minute quarters, with a 3-minute break between each quarter.

U8 Matches shall be divided into 2 equal, 20 minute halves, with a 5-minute break at halftime.

Playing Time: Each player SHALL play a minimum of 50% of the total playing time

Score: No score is kept. No standings are kept.

Substitutions: At any stoppage and unlimited

On Field Player Additions and Reductions During Match Play:

This Rule is an MTsc ONLY Rule and would not apply to play outside of MTsc:

1. Any team falling behind their opponent by 5-9 goals may have one (1) additional player on the field for a 5v4 continued game until the goal differential is less than 5.
2. Any team falling behind their opponent by 10 or more goals may add yet one (1) more additional player on the field for a 6v4 continued game until the goal differential is less than 10.

Referees will allow the added and/or subtracted player to occur just after the threshold goal is made and just prior to the resulting next kick-off.

Free Kicks: All free kicks are direct and the opponent must be 4 yards from the spot of the kick.

Penalty Kicks: None.

Goal Kicks: Yes. Opponents must be at least 4 yards from the spot where the goal kick is being taken.

Throw Ins: Yes. When the ball crosses the touch line, the possessing team throws in the ball (per FIFA rules), and does not perform a “kick in”.

Offside: None

Referee: As provided. Coaches should be prepared to either referee each game or mutually select an adult that is satisfactory to both coaches to referee each game.

Cards/Warnings: No yellow or red cards. No send off. If a player is too rambunctious, the coach should make a substitution to allow the child to calm down before returning to play.

Under 9 & 10 (6v6) Rules Highlights

Field Size: 45 to 60 yards long by 35 to 45 yards wide with an 8-yard radius centerline. Goal area is approximately 6 yards in from each end line. Penalty area is approximately 10 yards in from each end line.

Goal Size: Approx. 18 feet wide and 6 feet tall.

Ball: Size 4

Players: 6 per team, 1 of whom is the goalkeeper

Goalkeeper: Yes

Mandatory Equipment: Jersey, Shorts, Stockings, Footwear, Shin guards covered entirely by stockings that provide a reasonable degree of protection

Home/Away Jersey: Home – Light ; Visitor – Dark; Goalkeeper’s Jersey to be distinctly different in color than ALL other field players of both teams

Duration: Matches shall be divided into 2 equal, 25 minute halves, with a 5-minute break at halftime.

Playing Time: Each player SHALL play a minimum of 50% of the total playing time

Playing Time Rule Exception applicable to U9 and Up Recreational/Friendship Leagues:

A coach can obtain an exception to the 50 percent minimum play rule under the following situation and action **ONLY**. If over the course of three (3) consecutive weeks a player misses at least 50 percent of the practice time, then the coach at his election can send an email to the player's parents copying the MTsc office (copying the office is required - no separate emails will be effective) telling the parents that "due to their player missing at least 50 percent of the practice time over the past three consecutive weeks, the coach is requesting a waiver of the 50 percent play time rule from MTSc which would allow them to potentially bench their player for **the next game ONLY at the coach's discretion**. In such case, the coach may choose whatever amount of playing time in the one next game that the coach decides is appropriate. In the case where the player then continues to miss 50 percent of the practice time or more between league games, then the coach can repeat the above procedure which includes the required notice to the parents and MTsc to carry forward the waiver from the 50 percent rule up to the last game of the season. With the commencement of a new season, the three (3) consecutive week requirement begins anew.

In the event the player does not continue miss 50 percent or more of the practice time, then the player must be played a minimum of 50 percent of the game. If the notice is not sent to the parents and MTsc, then there is **NO** waiver. If the notice is after the fact beyond the next game just after the missed practice time, then there is **NO** waiver. The **ONLY** game that can be subject to the waiver is the next upcoming game. If the coach is suspected by MTsc or found to be gaming this rule exception, then the waiver will **NO** longer be available to such coach or team indefinitely at MTsc's election.

Substitutions:	At any stoppage and unlimited
Free Kicks:	Direct (holding, illegal tackle, intentional handball, etc.) and Indirect (dangerous play, impeding, etc.). Indirect kicks are also awarded for the opposing team if a goalkeeper (a) touches the ball with his/her hands after it has been deliberately kicked to him/her by a teammate or (b) touches the ball with his/her hands after receiving it directly from a throw-in taken by a teammate.
Penalty Kicks:	Yes, for infractions committed in the penalty area.
Goal Kicks:	Yes. The goal kick must exit the penalty area before it can be played by any player. If the ball fails to exit the penalty area, another goal kick is awarded.
Throw Ins:	Yes. When the ball crosses the touch line, the possessing team throws in the ball (per FIFA rules), and does not perform a “kick in”.
Offside:	None
Referees:	Yes, center only. Occasionally, a referee may not be available. If this is the case, coaches should be prepared to select a mutually acceptable adult to referee games, as required.
Cards/Warnings:	Yes, yellow and red cards.

Under 11 & 12 (8v8) Rules Highlights

Field Size:	70 to 80 yards long by 45 to 55 yards wide with an 8-yard radius centerline. Goal area is approximately 6 yards in from each end line. Penalty area is approximately 14 yards in from each end line.
Goal Size:	Approx. 18 feet wide and 6 feet tall.
Ball:	Size 4
Players:	8 per team, 1 of whom is the goalkeeper
Goalkeeper:	Yes.

Mandatory Equipment: Jersey, Shorts, Stockings, Footwear, Shin guards covered entirely by stockings that provide a reasonable degree of protection

Home/Away Jersey: Home – Light ; Visitor – Dark; Goalkeeper’s Jersey to be distinctly different in color than ALL other field players of both teams

Duration: Matches shall be divided into 2 equal, 30 minute halves, with a 5-minute break at halftime.

Substitutions: At any stoppage and unlimited

Playing Time: Each player SHALL play a minimum of 50% of the total playing time

Playing Time Rule Exception applicable to U9 and Up Recreational/Friendship Leagues:

A coach can obtain an exception to the 50 percent minimum play rule under the following situation and action ONLY. If over the course of three (3) consecutive weeks a player misses at least 50 percent of the practice time, then the coach at his election can send an email to the player's parents copying the MTsc office (copying the office is required - no separate emails will be effective) telling the parents that "due to their player missing at least 50 percent of the practice time over the past three consecutive weeks, the coach is requesting a waiver of the 50 percent play time rule from MTSc which would allow them to potentially bench their player for **the next game ONLY at the coach's discretion**. In such case, the coach may choose whatever amount of playing time in the one next game that the coach decides is appropriate. In the case where the player then continues to miss 50 percent of the practice time or more between league games, then the coach can repeat the above procedure which includes the required notice to the parents and MTsc to carry forward the waiver from the 50 percent rule up to the last game of the season. With the commencement of a new season, the three (3) consecutive week requirement begins anew.

In the event the player does not continue miss 50 percent or more of the practice time, then the player must be played a minimum of 50 percent of the game. If the notice is not sent to the parents and

MTsc, then there is **NO** waiver. If the notice is after the fact beyond the next game just after the missed practice time, then there is **NO** waiver. The **ONLY** game that can be subject to the waiver is the next upcoming game. If the coach is suspected by MTsc or found to be gaming this rule exception, then the waiver will **NO** longer be available to such coach or team indefinitely at MTsc's election.

- Free Kicks:** Direct (holding, illegal tackle, intentional handball, etc.) and Indirect (dangerous play, impeding, etc.). Indirect kicks are also awarded for the opposing team if a goalkeeper (a) touches the ball with his/her hands after it has been deliberately kicked to him/her by a teammate or (b) touches the ball with his/her hands after receiving it directly from a throw-in taken by a teammate.
- Penalty Kicks:** Yes, for infractions committed in the penalty area.
- Goal Kicks:** Yes. The goal kick must exit the penalty area before it can be played by any player. If the ball fails to exit the penalty area, another goal kick is awarded.
- Throw Ins:** Yes. When the ball crosses the touch line, the possessing team throws in the ball (per FIFA rules), and does not perform a "kick in".
- Offside:** Yes
- Referees:** Yes, center and lines. Occasionally, a referee may not be available. If this is the case, coaches should be prepared to select a mutually acceptable adult to replace the referee, as required.

SECTION

VI

PARENT RESPONSIBILITIES



PARENTS' CODE OF CONDUCT



By submitting my child's registration to Metro Tulsa Soccer Club, I hereby pledge to make every effort to support the spirit of the game and uphold the following Code of Conduct:

1. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event
2. I will place the emotional and physical well-being of my child ahead of a desire to win
3. I will insist that my child play in a safe and healthy environment
4. I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all
5. I will never argue with or complain about referees' calls or decisions
6. I will support a sports environment for my child's team that is free of illegal drugs, alcohol, profanity, abusive language and conduct which could be deemed offensive and I will refrain from their use at all practices and games
7. I will do my very best to make youth sports fun for my child
8. I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability
9. I will provide positive reinforcement as the best way to help my child achieve his or her goals and overcome his or her natural fear of failure
10. I will leave any sideline coaching to the coach while attending games and practices
11. I will encourage everyone to use the METRO Soccer Complex facilities properly and to keep them clean and free from litter
12. I will encourage my child's coach to be a trained youth sports coach and abide by the Coaches' Code of Conduct
13. I will remember that the game is for my child and not for me
14. I will abide by the decisions of the MTsc Board and Disciplinary Committee
15. I will abide by the SoccerPlex rules of conduct

Parent Signature

Child's Name (please print)

E-Mail Address (PLEASE provide!!!)

Date

Two Strikes Policy relative to Referee Abuse

Nov. 2009

MTsc has a policy of zero tolerance for referee abuse.

Everyone should recognize that most referees are youth players. Our referee program provides our youth an opportunity to shadow and learn from more experienced referees and be mentored by those senior referees. It is a great opportunity to mature, learn responsibility and develop a better understanding of the game of soccer.

All referees have the ability to remove a coach, parent or player from a game and the facility. However, we recognize that due to the age and maturity of some of our youth referees they could be intimidated by overbearing, boisterous and/or loud adults and may lack the confidence to control the situation. In an effort to assist with that, MTsc uses its referee assignors to provide support during on-the-field issues that come to their attention.

MTsc referee assignors have the ability to issue a formal warning which is "**Strike One**" to any coach of record (assistant or head) or parent that they have determined at the moment of the issue to have abused a referee. If upon issuing the formal warning, the matter escalates, they can issue the second and final warning which is "**Strike Two**". For a coach, if this happens the coach will be suspended from coaching at the MTsc SoccerPlex for the remainder of the current season including the balance of the game currently being played and additionally risks not being invited/accepted back in future seasons as a coach at MTsc. For a sideline parent, Strike Two means they are immediately banned from attending games at the SoccerPlex for the remainder of the season including the balance of the game currently being played. Any coach or parent who receives Strike Two can appeal their case to the MTsc Operations Board pursuant to the then posted Appeals Process which can be found on www.MetroTulsaSoccer.com.

Further, the Two Strikes Policy carries forward for the entire season. Strike One can occur during one game day and Strike Two during a subsequent game day. In such case, if Strike Two occurs during the same season as Strike One, the above note consequences are effective.

No Fault Adult (Spectator, Parent or Coach) Fighting Policy

Dec. 2009

In the event of a physical altercation (meaning ANY physical contact whatsoever) between adults, it is MTsc's policy that all adults involved will be automatically banned from the remainder of the current game and the next game that your team plays at the MTsc SoccerPlex. It is also MTsc's policy that it will not attempt to determine cause or blame for the physical altercation. It is MTsc's view that under all situations and circumstances adults must refrain from physical altercations at the MTsc SoccerPlex. The one game banning and balance of the current game is NOT appealable and is automatic and the decision final. Additionally, MTsc will conduct inquiries into the situation to determine if the severity of the situation dictates the need for additional consequences and or/action.

In the event that a banned party is found to be at the SoccerPlex during the remaining or subsequent game day for which the ban applies, their child's team will automatically forfeit their game, the game will either not be played or will be stopped short from continuing if it was in process and such game will not be made up. If the situation is escalated by the banned party, appropriate authorities will be called to handle the situation.

Coach Evaluation Forms

As part of MTsc's continued effort to enhance the positive experience as Metro Tulsa Soccer Club for every athlete and parent, MTsc has adopted specific guideline criteria for coach selections, which can be found on this web site. As one element of those guidelines, Coach Evaluation Forms will be utilized.

It is our hope, for parents to provide feedback relative to NOT ONLY, their own coach, but also on the opposing coaches that their team faces on game day. This is accomplished by writing on the attached coach evaluation form the opposing team's name and your age bracket in the event you do not know the opposing coach's name.

Our consistent goal is to promote an athletic environment based on positive reinforcement, good sportsmanship, fair play, the importance of team building and respect for your opponents while having fun and honoring the game. It is important for the MTsc Board member Age Coordinators to receive your feedback, both positive and negative. This feedback will be kept confidential within the MTsc Board, unless you consent otherwise.

Please take a moment and review the attached Coach Evaluation Form. When you feel a situation warrants it, please fill a Coach Evaluation Form out and submit it to your respective Age Coordinator either through:

- Email System on the www.metrotulasoccer.com website, or
- Dropping it off at the drop box at the MTsc Office, located in the brick house with white trim adjacent to the south fields (surrounded by a chain link fence with two gates along the road)

If you are not sure who the Age Coordinator is using the MTsc web site email system (i.e. "U6" means 6 years old and under depending on birth date, "U7" means 7 years old or 6 years old depending on birth date), then submit it via email to the Office Manager email address.

MTsc Coach Evaluation Questionnaire

Please help us **confidentially** evaluate how well we did this season by telling us about your coach. We want our coaches to be role models who strive to help everyone win and to help players learn lessons that will help them be successful in life. A Positive Coach...

- **Honors the Game** by showing respect for the Rules, Opponents, Officials, Teammates, and all other Club members;
- **Redefines “Winner”** in terms of Mastery as well as the scoreboard by emphasizing effort, learning and improvement, and rebounding from mistakes rather than fearing them; and
- **Motivates and Builds Confidence** via positive encouragement so all players (teammates and opponents) can play their best.

Coach Name: _____
 Team Name: _____
 Your Name: _____
 Your Phone #: _____

Please return this questionnaire by email to: mtsc@metrotulasoccer.com or by mail/24-hr. drop-off to the Metro Tulsa Soccer Clubs 10519 S. Delaware Tulsa, OK, 74137

This coach:

	Strongly Disagree				Strongly Agree
Honors the Game					
1. Obeyed the rules	1	2	3	4	5
2. Showed respect for officials	1	2	3	4	5
3. Treated all players with respect	1	2	3	4	5
4. Treated opponents with respect	1	2	3	4	5
5. Maintained orderly sidelines	1	2	3	4	5
Redefines “Winner”					
6. Rewarded effort, not just results	1	2	3	4	5
7. Helped players learn and improve in the sport	1	2	3	4	5
8. Helped players bounce back from mistakes	1	2	3	4	5
Motivates and Builds Confidence					
9. Used positive reinforcement	1	2	3	4	5
10. Encouraged players to do their best	1	2	3	4	5
11. Made the sport fun for everyone	1	2	3	4	5
12. Listened to players	1	2	3	4	5
13. Would you like to play for this coach again?	NO	YES			

Thank you.

All information will be kept confidential unless consent provided.

SECTION

VII

REFEREES

General Application of Referees & Game Play

Rev. IV (December 2004)

- The assignment of licensed referees to games are subject to their availability, conflicts, experience, age, license grade and other factors, and are assigned by the MTsc Referee Assignor.
- MTsc assigned licensed referees are utilized to referee U7 recreational through U19 competitive games, limited by the availability of licensed referees.
- 08 grade referees and higher will be used on competitive matches unless the head coaches of both teams consent and waive their rights to contest the game results beforehand.
- MTsc licensed referees are paid based on the Licensed Referee Pay Schedule in effect at the time.
- In the event of a missing line referee, an adult volunteer may act as referee to determine out-of-bound calls ONLY for a designated touch-line on any U9-U19 game as determined at the discretion of the licensed center referee. In a competitive match, both head coaches must consent and waive their rights to contest the game results relative to this approach beforehand.
- In the event of a non-refereed U6-U8 game due to the lack of assignment of a licensed referee by MTsc, the coaches of both teams are to act as pseudo referees for their defending half of the game field.

METRO TULSA Soccer Club
Licensed Referee Pay Schedule

Rev. 07-2009

(Effective Beginning Fall 2009 Season – to be adjusted by Board from time to time)

	<u>Recreational Games</u>	<u>Competitive Games</u>
U7 Center	\$10.00	N/A
U8 Center	\$10.00	\$25.00 (academy)
U9 Center	\$15.00	\$25.00 (academy)
U10 Center	\$15.00	\$25.00 (academy)
U11-U12 Center	\$20.00	\$25.00
U11-U12 AR	\$10.00	\$15.00
U13-U14 Center	\$25.00	\$30.00
U13-U14 AR	\$15.00	\$20.00
U15-U16 Center	\$30.00	\$35.00
U15-U16 AR	\$20.00	\$25.00
U17-U19 Center	\$35.00	\$45.00
U17-U19 AR	\$25.00	\$30.00

Center – Center Referee
 AR - Assistant Referee (Lines)

Weekday Single Competitive U12-U14 Game Licensed Referee Pay Adjustment

Any weekday where there is a single competitive game (applicable to U12-U14 only) scheduled to be played, the applicable licensed referee pay per the table above will be increased by, plus \$5.00 for the Center and plus \$2.00 for the AR.

PAYMENTS TO REFEREES

Licensed referees are paid for each game they referee that is SCHEDULED by the MTsc Referee Assignor as follows:

For MTSC Recreational and Competitive Game Pay. Licensed referees who provide referee services for MTsc recreational games and MTsc competitive games at the SoccerPlex shall be paid cash at the then current MTsc Referee Rates. Because only the amount of cash consistent with referee services provided will be kept on hand on game days, MTsc reserves the right to pay MTsc referees and visiting referees, fees by check at a later date.

Cash Payment Process for RECREATIONAL Games. Referees must provide their completed Referee Pay Cards to the Referee Assignor or designee on game day, or to the MTsc Office Manager during weekday MTsc Office hours following the game day, in order to be paid. MTsc will prepare based on the receipt of those Referee Pay Cards fully filled out a sealed envelope for each individual referee with their cash payment ready to be picked up by the referee.

Cash Payment Process for COMPETITIVE Games. Referees will be paid directly by the competitive “Home” team for both KS Arsenal and TSC and should require such payment prior to the start of the match. If the “Home” team does not pay, the referees have no obligation to officiate the match. If the referees officiate the match prior to receiving payment and then the “Home” team refuses to pay, the risk will be borne by the referees. All payment obligations for the competitive match is solely the “Home” competitive team’s and not MTsc’s. Completed Referee Pay Cards should still be provided to the Referee Assignor or designee on game day, or dropped off in the 24 hr drop box at the MTsc office following the game day.

Prerequisite for Payment of Recreational Referee Services. Referees will only be paid by MTsc provided they submit their Referee Pay Cards fully filled out. This pay card will act as both a tool for feedback to MTsc on coaches’ performance as well as an invoice for services rendered to be maintained and used by MTsc. Referees MUST hold their Pay Cards until receipt of payment. If the referee fails to get paid on game day, payment will be available through the MTsc office during weekday office hours following the weekend game day. ALL outstanding game day pay must be picked up no later than the completion of the final season Referee Roundtable (held on the Saturday of the regularly scheduled last recreational game day, subject to change – see www.jenkssoccer.com (soon to be www.metrotulasoccer.com) calendar). Any game pay not picked up by this date shall be forfeited.

REFEREE COST REIMBURSEMENT & MERIT BONUS PAYMENT

Payment for cost reimbursement and Merit Bonuses for those referees eligible pursuant to the Continual Education Program will be done at the end of the Referee Roundtable scheduled at 4pm on the last Saturday game day of the recreational soccer season. Any

cost reimbursement payments or awarded Merit Bonuses not picked up through (1) preferably attending the final season Referee Roundtable or (2) within MTsc office hours during the following week, shall be forfeited.

PREREQUISITENT FOR ON-CALL REFEREE PAY

MTsc from time to time may elect to implement on any recreational Saturday game day an On-Call Referee designee. Such On-Call Referee shall be eligible for payment at a rate of \$5.00/hr for each and every hour they are not refereeing a game (of which game pay takes precedent) provided the following conditions are met by the On-Call Referee:

1. They are an 08 license grade or higher (i.e. 07 through 03)
2. They remain on-site at the fields available to referee for the entire scheduled period (typical starting at 15 minutes prior to the first scheduled game, typically @ 7:45am until the start of the last scheduled game)
3. They accept any game requiring a referee due to whatever circumstances existed that led to an unfilled assignment.

If any of the conditions above are not met, the on-call pay will be forfeited by the On-Call Referee.

SECTION

VIII

SOCCKERPLEX & PRACTICE FIELD USAGE

SoccerPlex Usage and Practice Field Policy

Rev. III (August'06)

It is the coach's responsibility to secure a practice location. MTsc applies to the Jenks School District and Parks Department to reserve various parks and school facilities for recreational team practices ***purely as a courtesy*** to the coach. Fields are limited and reserved first come basis at the MTsc Coach's Orientation.

The SoccerPlex does not belong to MTsc. It is under lease between the Field Management Committee (FMC) and the City of Tulsa. The FMC is a ten (10) year joint cost and complex sharing arrangement between MTsc and NEOASA (NE Oklahoma Adult Soccer Assoc.). Access to the SoccerPlex is split between the parties with each having exclusive rights for each day. Therefore, MTsc's access to the SoccerPlex is strictly managed.

Acceptable Usage

Practices at the Metro Tulsa SoccerPlex are governed by the following rules:

Sundays, Wednesdays, Thursdays, and Saturdays

No practices of any kind by any MTsc team is permitted on any of these days for any reason.

U4, U5 and U6

U4, U5 and U6 teams are permitted to practice at the MTsc SoccerPlex within the following constraints:

- Practices are limited to ***once per week*** on Monday, Tuesday, or Friday
- Practices are not permitted on the U4, U5, U6 or the U7 and U8 game fields due to excessive stress on the grass
- Practices may not involve moving any game field equipment, including goals and nets
- Practice areas are limited in size to an area equivalent to one-half of one game field
- Practice areas are available first come basis
- Practice areas are available on either the North or South complexes
- Practices may use cones, flags and portable nets.

U7 and Older

U7 and Older teams are permitted to practice at the MTsc SoccerPlex within the following constraints:

- Practices are limited to ***once per season*** on Monday, Tuesday, or Friday
- Practices are limited to one practice prior to the first game of the season
- Practices are not permitted on the U5, U6 or U7 game fields due to excessive stress on the grass
- Practices may not involve moving any game field equipment, including goals and nets
- Practice areas are limited in size to an area equivalent to one-half of one game field
- Practice areas are available first come basis
- Practice areas are available on either the North or South complexes
- Practices may use cones, flags and portable nets.

Penalties

Any unauthorized team practicing at the SoccerPlex is subject to penalty levied by the FMC, including any/all of the following:

1. Fine of up to \$250.00
2. Coach ejection from the Club
3. Coach and Parents required to perform volunteer field maintenance

Field Rental

Any 3rd party desiring use of the fields on a MTsc exclusive use day must be approved by the MTsc FMC Board Members. Any party affiliated with MTsc through MTsc recreational teams U7 and older or MTsc competitive teams desiring use of the fields on an MTsc exclusive use day must be approved by MTsc. In either case, if approved, the rental fee for a field is \$100.00 as set from time to time by the FMC. In order to rent the fields, the following process is required:

- Requests must be made to MTsc in writing via fax or email
- If an MTsc affiliate requests field usage on an MTsc exclusive day, the MTsc Board must approve the request
- If a 3rd party requests field usage, the FMC must approve the request regardless of the day

In all cases, MTsc reserves the right to deny any request for field usage for any reason and depending on the nature of the usage may waive the fee (examples are MTsc developmental clinics and special MTsc events).

NOTE: Usage requests for non-MTsc days must have the approval of the full MTsc-NEOSA FMC committee.

MTsc SoccerPlex Rules of Conduct

Rev. II (December '04)

As part of MTsc's continued effort to enhance the safe and positive experience of every athlete, parent, visitor, coach and volunteer, MTsc has adopted specific rules of conduct for the MTsc SoccerPlex. **Our goal is to promote an athletic environment based on positive reinforcement, good sportsmanship, fair play, the importance of team building and respect for your opponents while having fun and honoring the game.** To assist us in meeting these goals, we rely on you (our coaches, volunteers, athletes, parents and visitors) to abide by the SoccerPlex Rules of Conduct.

In the unlikely event that there is a violation of the MTsc SoccerPlex Rules of Conduct, violators may be required to leave the MTsc SoccerPlex by an official MTsc representative (board member, director or referee). If the violator is unwilling to leave or persists in a manner that violates the MTsc SoccerPlex Rules of Conduct then:

1. Coaches involved in the applicable game may be solicited to resolve the problem,
2. If the coaches are not able to resolve the problem, the game may be immediately ended,
3. The violator may be denied future access to the MTsc SoccerPlex, and
4. The violator may forfeit participation in MTsc and access to the MTsc SoccerPlex for themselves and their family for the future.

Please help us by being a good role model for all our young athletes. Thank you for your future cooperation.

SECTION

IX

TOPSoccer

PROGRAM

ABOUT TOPSoccer

TOPSoccer (The Outreach Program for Soccer) is a national soccer program created to train young people with special needs in a caring coaching environment. The program is generally carried out by volunteers at the local level, with financial support from US Soccer and the program's local youth soccer organization such as MTsc.

The TOPSoccer program not only gives young athletes with special needs an opportunity to play soccer, it also serves as a feeder program to recruit, assess and train players to participate in competitions offered by existing sports organizations for people with disabilities and mainstreams higher ability players on to regular youth soccer teams.

By providing a community-based training and team placement program for young people with disabilities, any boy or girl, age 5 to 18 who has a mental or physical disability will have the opportunity to learn and play soccer and become valued and successful members of MTsc and US YOUTH SOCCER.

TOPSoccer was designed not as a competitor to the programs run by other sports organizations for people with disabilities, but rather as a complementary program that works hand in hand with organizations like Special Olympics to expand the overall training and competition opportunities for young people with disabilities. The TOPSoccer program often works as a feeder program: recruiting, assessing, and training new soccer players who would benefit from opportunities sponsored by these sports organizations.



Many of the sports opportunities currently offered to young people with special needs are school based. However, many parents of these young people would like their child to participate in the same community sports program as their non-disabled brothers and sisters - to wear the same club uniform, play at the same fields, go to the same awards banquets, and if appropriate, play on a non-disabled team. TOPSoccer can fill this need. The TOPSoccer program has also helped introduce the Unified Soccer Camp in many

areas, a concept developed by Special Olympics. The Unified Soccer Camp brings together disabled and non-disabled soccer players in a positive and fun environment, hopefully breaking down social barriers through a common love of the game.

A basic TOPSoccer program consists of two vital components. The first is a field site where soccer players with disabilities can receive high-quality training to help develop their soccer skills. Training sessions could include activities such as scrimmages, small-sided games (3 v 3, 4 v 4) and tournaments. The second component of the TOPSoccer program is an ongoing player assessment process that places participants in the most appropriate playing situation, including placement on non-disabled, intramural and club teams, or involvement in programs established by other sports associations for people with disabilities (i.e., Special Olympics).

Through a generous grant from the Soccer Industry Council of America (SICA) and the Sporting Goods Manufacturers Association (SGMA), US YOUTH SOCCER is able to provide mini-grants to new and existing TOPSoccer programs, through their State Association. Grant applications are reviewed and a limited number awarded based on the applicant's outline, goals, objectives and ability to meet the guidelines and criteria set forth by US YOUTH SOCCER.



This photo appeared on the cover of the January 1998 edition of *Soccer Ohio* (Ohio South) & won an award for the best photo in its class from the National Soccer Coaches Association of America (NSCAA), January 2000.
Photo by Scott Leder of Hammerhead Communications, LLC

TOPSoccer At MTsc

Rev. IV (May '05)

METRO TULSA Soccer Club is proud to have a TOPSoccer program for special needs athletes.

TOPSoccer (The Outreach Program for Soccer) is a national, community based training program designed to bring the opportunity of learning and playing soccer to all athletes, boys and girls ages 5 - 19 with physical or developmental disabilities.

Many of the sports opportunities offered to children with special needs are school based. However, many parents of these young people would like their child to participate in the same community sports program as their non-disabled siblings. They want their kids to be part of a team, to wear a uniform, to experience the feeling of athletic competition. TOPSoccer fills this need.

Players are divided and teams are formed based on level of function rather than age or gender, thus placing children in the most appropriate playing situation.

The laws of the game are modified to fit the level of function of the participants. We change whatever we need to change to be sure that these kids play in a fun, rewarding and positive environment.

The message we wish to deliver to these young athletes is whether it's the game of soccer or the game of life, having a disability does not mean you have to stay on the side lines. We want them to come to play... and get in the game.

Each week more than 20 young athletes participate in TOPSoccer, along with many soccer buddy volunteers, at the METRO SoccerPlex. If you want to have one of the most uplifting soccer experiences ever, come join them every Saturday. Contact the office for times.

If you have any questions or know an athlete that may want to participate in the program, please contact 918-298-0190. We could also use some volunteers to assist these special athletes on and around the field on game day.

SECTION

X

MTSC PDP PROGRAM

Premier Development Program (PDP)

What is MTsc Premier Development Program (PDP)?

The MTsc PDP program is for youth players who want advanced training and higher development opportunities over and above what a recreational program (by itself) offers. The mission of MTsc PDP is to provide a flexible method for challenging, improving, and developing individual skill sets and team play in a positive and fun environment as a compliment to their recreational league play. MTsc PDP is open to all U7-U12 soccer players in the metro Tulsa area and can greatly enhance your son or daughter's playing experience.

MTsc PDP players receive training by experienced and credentialed coaches using curricula appropriate for each player's age group and maturity level. For U7-U12, the MTsc PDP program emphasizes skill development, rejects winning as a success criterion, delays teaching of complex strategy, rejects strict field positioning, and is open to all players having the desire, resources and willingness to take advantage of this developmental opportunity. MTsc PDP training is consistent with the concept of using short-sided teams, smaller goals, and down-sized fields for the youngest players.

So why MTsc PDP?

We believe that MTsc PDP contributes to achieving the MTsc's Mission of being a club where our Competitive Program is integral to the development of youth Recreational Program athletes. It's an environment where recreational athletes interact with highly trained professional coaches that focuses on enhanced individual achievement and instills self-confidence – regardless of a player's skill level. Available to assist with the management of this program is MTsc's TSC Hurricane program which is the most successful youth soccer program in Oklahoma history with well more than 65 state championships, 6 regional championships, a national semi-finalist and 2 national finalists and 3 SPL champions.

How Does it Work, When & Where?

Each PDP age group meets a once per week. All training sessions are at the MTsc SoccerPlex. Registration & tuition covers a single, two-month season; either spring or fall. The fall season runs from mid-September to mid-November. The spring season is from mid-March to mid-May.

Players may sign-up for each season separately online at www.MetroTulsaSoccer.com. Space is limited so signing up prior to a season commencement is recommended. Periodically, MTsc may limit the number of PDP participants for a given age group to

ensure an appropriate player-to-coach ratio is maintained and adequate attention is provided to each player.

Advantages of MTsc PDP

For Players with interest in "Greater Skills Capability"

Head start: Uses age-appropriate methodology to introduce teams to the skills, strategies, and psychologies of competitive players approximately 2-3 years before most other teams or programs. This head start is rarely overcome by players who stay in recreational soccer until older ages.

Formal curriculum: For all players, MTsc PDP trainers/coaches follow a specific curriculum during training sessions. All essential skills are introduced and periodically revisited in a logical and progressive pattern. Coaches of older teams may include "elective time" and "review" practices to cover specific player needs.

Qualified trainers/coaches: MTsc PDP coaches have one or more of the following: national/state license, collegiate player/coach, professional player/coach, current or past competitive coach. MTsc trainers/coaches take the "role model" aspect of their responsibilities seriously.

Development enhanced by association: By associating and playing with other players of incremental ability and level, your child's achievement won't be limited by new players who, each year, start with vastly different levels of skill and strategic play. Association with other appropriately skilled players and credentialed trainers removes the growth, learning, and achievement ceilings present with most other options, and such association provides an incentive for continued progress.

Player Placement

Players are trained and grouped based generally by gender and within gender, by potential and ability. Players are permitted to "play up" (i.e., play in an older age group) if their abilities have demonstrated that they are capable.

Registration & Tuition Fees

There are two costs: Registration and Tuition.

Registration Fee is a one-time fee paid directly to MTsc online (Visa or Master Card) or by e-check (for an additional fee). The Registration Fee covers sanctioning with US Club or USYS, insurance, administration, and field maintenance fees. PDP Registration is either:

- \$30.00 *if* the player is registered in the MTsc Recreational/Friendship Program otherwise the going Recreational/Friendship registration rate applicable to the player's age.

Tuition Fee is \$60.00 per player paid through MTsc to the coach online (Visa or Master Card) or by e-check. The Tuition Fee is paid in full prior to commencement of the PDP training. The Tuition Fee covers the cost of coaches and trainers for the season.

For more information, please see MTsc PDP content at www.MetroTulsaSoccer.com.

SECTION

XI

METRO CHALLENGER SERIES TOURNAMENTS



**Metro Tulsa Soccer
Club Challenger
Series U5-U19 3v3
Live Summer
Tournament**

*You Want to Be Challenged?
Want to Be on the Same Team as Your Friends?
Play with a Neighborhood, School or Church Team?*

**Get Registration & Tournament Details at
www.MetroTulsaSoccer.com**

Or contact us at 918-298-0190 or mtsc@metrotulasoccer.com